

Helpful Tips for Reducing CO2

The Bad News is:

The average car driven 10,000 miles in a year releases 5.5 tons (11,000 pounds) of carbon dioxide into the atmosphere.

The Good News is...

We can all take steps to reduce the amount of carbon dioxide released into the atmosphere.

<u>Action:</u>	<u>Pounds of CO2 removed:</u>
Replace 3 frequently used light bulbs with compact fluorescent bulbs.	300 pounds
Inflate your tires	250 pounds
Change your air filter monthly	800 pounds
Run a FULL dishwasher	100 pounds
Lower heater setting 2 degrees	1000 pounds
Raise AC up 2 degrees	1000 pounds
Keep water heater below 120o	550 pounds
Take shorter showers	350 pounds
Install low-flow shower head	350 pounds
Buy minimally packaged goods	1200 pounds
Plant a tree	2000 pounds
Insulate your water heaters	1000 pounds
Caulk and weather strip doorways and windows	1700 pounds
Use a push mower	80 pounds
Unplug un-used electronics	<u>1000 pounds</u>
TOTAL CO2 removed	11,600 pounds