

# October Lap Swim/ OARS

# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lap Swim 11-12am OARS 12:15-1:15	2 Lap Swim 7:30-9:45am OARS 12:15-1:15	3 Lap Swim 11-12am OARS 12:15-1:15	4 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	5 Lap swim 10am-12pm Open swim 12:15-3:15pm
6 Lap swim 10am-12pm Open swim 12:15-3:15pm	7 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	8 Lap Swim 11-12am OARS 12:15-1:15	9 Lap Swim 7:30-9:45am OARS 12:15-1:15	10 Lap Swim 11-12am OARS 12:15-1:15	11 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	12 Lap swim 10am-12pm Open swim 12:15-3:15pm
13 Lap swim 10am-12pm Open swim 12:15-3:15pm	14 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	15 Lap Swim 11-12am OARS 12:15-1:15	16 Lap Swim 7:30-9:45am OARS 12:15-1:15	17 Lap Swim 11-12am OARS 12:15-1:15	18 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	19 Lap swim 10am-12pm Open swim 12:15-3:15pm
20 Lap swim 10am-12pm Open swim 12:15-3:15pm	21 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	22 Lap Swim 11-12am OARS 12:15-1:15	23 Lap Swim 7:30-9:45am OARS 12:15-1:15	24 Lap Swim 11-12am OARS 12:15-1:15	25 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	26 Lap swim 10am-12pm Open swim 12:15-3:15pm
27 Lap swim 10am-12pm Open swim 12:15-3:15pm	28 Lap Swim 7:30-9:45am OARS 12:15-1:15 Lap Swim 5:15-6:30pm Open swim 6:30-7:45pm	29 Lap Swim 11-12am OARS 12:15-1:15	30 Lap Swim 7:30-9:45am OARS 12:15-1:15	31 Lap Swim 11-12am OARS 12:15-1:15		

