

July Lap/ OARS and Open Swimming Schedule

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lap Swim 6:15-7:30am OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	2 Lap Swim 6:15-7:30am Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	3 Lap Swim 6:15-7:30am OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	4 CLOSED FOR THE HOLIDAY	5 Lap Swim 6:15-7:30am OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	6 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15
7 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15	8 Lap Swim 6:15-7:30am OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	9 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	10 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	11 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	12 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	13 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15
14 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15	15 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	16 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	17 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	18 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	19 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	20 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15
21 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15	22 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	23 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	24 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	25 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	26 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	27 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15
28 Lap Swim: 10:00-12:00pm Open Swim 12:15-3:15	29 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm	30 Lap Swim 7:30-9:45 Lap Swim 11:15-12pm OARS 12:15-1:15pm Open Swim 3pm-5pm	31 Lap Swim 7:30-9:45 OARS 12:15-1:15pm Open Swim 1:30-5pm Lap Swim 5:15-7:45pm			