

The official newsletter and program
guide of the City of Florissant.

Florissant

Spotlight

Spring 2023

VALLEY OF FLOWERS

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Includes Florissant Parks & Recreation
Parks and Program Guide!



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Message from the Mayor

Greetings Friends-

Welcome to the first edition of the Mayor's Message for 2023. I hope everyone had a safe and joyous holiday season with family and friends and that you're enjoying your 2023 City Planning Calendar.

The City continues to experience economic development success that it has not seen for many years. Companies of all sizes, including National brands and developers, are proving that they believe in the future of Florissant.

There are many projects coming soon to the City. We are very excited to start developing and bringing them all to fruition.

Events coming up in the City:

I would like to share some news and what we can look forward to in the next couple of months:

- The **60th Annual Valley of Flowers Festival and Parade**, May 5th-7th (Save the date on page 3) www.florissantvalleyofflowers.com
- Please join the administration in an initiative to kick off a **pre-Valley of Flowers Spring Cleaning to recapture the spirit of the original festival**. The idea is to clean up, spruce up, fix up the City culminating in what has become the Valley of Flowers Festival which will run sometime in the middle of March to the start of the festival.
- The **2nd Annual St. Patrick's Parade, 5k Run & Festival** on Sunday, March 12th.
- The **electronic Recycling Event**, sponsored by Midwest Recycling Center, Saturday, April 1 from 9am-1pm (or until trucks reach capacity.)
- The first **Food Truck Knight** event of the year is **Friday, April 21st**.
- The Document Shredding Event, sponsored by Shred-It and Gateway Disposal STL, April 22nd from 9am-1pm (or until trucks reach capacity.) Held at St. Ferdinand Park.
- Plaque Dedication for Sheila Williams in front of 990 rue St. Francois @ 5:30pm. Wednesday Night Out starts directly after Plaque Dedications.
- List of Senior events, City events, and Parks activities, can be found in this edition of the Florissant Spotlight and the 2023 City Planning Calendar.

We are very pleased with the continuous improvements at the Florissant Golf Club made by Course Superintendent Andy Sprunt and Golf Course Manager Sam Freihoff. With our large deck and banquet room, we can handle any size golf outing. For a TEE TIME or to book your next event, contact the Golf Club at 314.741.7444 or visit www.florissantgolfclub.com.

The Public Works Department is preparing to do \$3,300,000 in street work in 2023 which includes \$800,000 in asphalt preservation work, \$800,000 in concrete paving replacement and repairs, and \$1,700,000 in major street repairs. The City is also in the process of designing street replacement projects for St. Denis St. and Mullanphy Rd. These projects are in conjunction with the federal government which will reimburse 80% of the cost of the project.

I look forward to seeing you at the Valley of Flowers Festival and other wonderful outdoor events in our city this year!



Upcoming Events:

- St. Patrick's Parade, 5K Run & Festival
- Food Truck Knight
- Valley Flowers

Mayor Tim Lowery

Follow us on Social Media!

For the most up to date information, be sure to like and follow the social media pages below from various departments within the City of Florissant



City of Florissant Main
@florissant.mo.us

Florissant Parks & Recreation
@florissantparkrec

Florissant Police Explorers
@fpdexplores

Florissant Golf Club
@florissantgolfclub

Florissant Police Department
@florissantpd

Florissant Civic Center Theatre
@fcctheatre

Florissant Senior Department
@florissantseniors

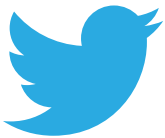


City of Florissant Main
@florissantcity

Florissant Parks & Recreation
@florissantparkrec

Florissant Police Department
@florissantpd

Florissant Golf Club
@florissantgolfclub



City of Florissant Main
@florissantcity

Florissant Parks & Recreation
@florissantparkrec

Florissant Police Department
@florissantpd



City of Florissant Main
@florissant.mo.us

MEDIA DEPARTMENT

Highlighting City Events
Promoting Local Businesses
Up-To-Date Florissant News



314-839-7635
media@florissantmo.com


 City of Florissant


 @florissantcity


 @FlorissantCity


 City of Florissant



City Council

Joseph Eagan
Council President
Ward 3

314.395.6838
ward3@florissantmo.com



Robert Parson Jr.
Council Vice President
Ward 8

314.422.2050
ward8@florissantmo.com



Andrew Harris
Ward 1

314.246.9150
ward1@florissantmo.com



Paul Manganelli
Ward 2

314.606.6578
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Jeff Caputa
Ward 4

314.239.1568
ward4@florissantmo.com



Keith Schildroth
Ward 5

314.839.2297
ward5@florissantmo.com



Tom O'Donnell
Ward 6

314.691.7856
ward6@florissantmo.com



Jackie Bond Pagano
Ward 7

314.837.1315
ward7@florissantmo.com



Tommy Siam
Ward 9

314.757.2594
ward9@florissantmo.com



The Florissant City Council meets the 2nd and 4th Monday of the month at 7pm in the council chambers at Florissant City Hall. Council Meetings are broadcasted live on our Facebook page and on Spectrum 992 and AT&T 99



The
Valley of Flowers
Celebrates:

The *Kentucky*
DERBY

May 5-7, 2023

A Spring Tradition filled with Events and Highlighted by
the Grand Parade and Crowning the Queen.

Join us for a fun weekend!!

Activities for All Ages - Live Music - Food

Vendors/Crafters - Magnificent Parade - Queen Crowning

Visit our website: www.FLORISSANTVALLEYOFFLOWERS.com for more info.

Come be a Part of our Celebration



VALLEY OF SHAMROCKS



Florissant
St. Patrick's Day
Parade, Festival & 5K Run

Sunday, March 12, 2023

IRISH DANCERS | VENDORS | LIVE MUSIC
FOOD TRUCKS | CORNED BEEF | BEER/COCKTAILS

WWW.FLORISSANTSTPATRICKSPARADE.COM

FAMILY CELEBRATION



Made with PosterMyWall.com

Florissant announces new
Economic Development Director:
Patrick Mulcahy



Mayor Lowery is pleased to announce that former Ward 6 Councilman Patrick Mulcahy has been appointed to the position for the City. Patrick stepped down from his Council position to accept the appointment.

Patrick is a lifelong resident of Florissant that had served the residents of Ward 6 for almost 3 years. Patrick is very active in the community and has served on numerous committees.

Food Truck Knight April 21st, 2023



Duchesne Home Association Grounds



*Calling All Past
Queen & Court Members!*

JOIN US!!

WE'RE LOOKING FOR PAST QUEEN/COURT
MEMBERS TO PARTICIPATE IN THE 2023
VALLEY OF FLOWERS PARADE.

MAY 7TH, 2023

PLEASE REGISTER AT OUR WEBSITE,
WWW.FLORISSANTVALLEYOFFLOWERS.COM
OR SCAN THE QR CODE BELOW.





Police Department

Message from Officer Michael

The Florissant Police Department is proud to announce the success of the 8th annual Summons of Joy campaign. Thanks to the generosity of local churches, they were able to donate \$4,200 to the program, which gives officers the opportunity to hand out 42 \$100 gift cards to individuals and families in the community over the holiday season.

The Summons of Joy program, which has been running for eight years, is a partnership between the Florissant Police Department and North County Churches Uniting for Racial Harmony and Justice (NCCU). It aims to build positive relationships between the police and the community they serve and has received a range of emotional reactions from recipients in the past, including hugs, tears of joy, and handshakes.

This year marked the first Summons of Joy campaign without Dr. Rance Thomas, co-founder of NCCU and its president since its inception, who passed away last year. Despite his absence, the program remains a meaningful and impactful tradition for both the community and the officers involved.

"We would be remiss not to mention that this is the first year without our friend Dr. Rance Thomas," said Chief Fagan. "This program continues to positively impact our community and our officers look forward to this every year." "The gift cards were randomly distributed to unsuspecting recipients over the holiday season. The Florissant Police Department looks forward to continuing the Summons of Joy program for many more years to come.

PD Driving Tips



PD Vacation Tips



NOW HIRING!

Specialty Assignments

- Detective Bureau
- Crime Scene Investigator
- Anti-Crime Unit
- Traffic Division
- Motorcycle Unit
- K9 Unit
- SRO
- Drone Pilot
- Honor Guard



TOP OUT PAY IS \$88,429*
LATERAL ENTRY

- EMPLOYEE BENEFITS PROVIDED
- LAGERS RETIREMENT
 - 11 PAID HOLIDAYS*
 - ON-SITE FITNESS CENTER
 - ON-SITE SHOOTING RANGE
 - 12 HOUR SHIFTS
 - EVERY OTHER WEEKEND OFF

WWW.FLORISSANTMO.COM

314-831-7000



Florissant Police Selling T-Shirts to Benefit the Special Olympics

The Florissant Police is selling 2023 Missouri Law Enforcement Torch Run T-Shirts to benefit the Missouri Special Olympics.

The shirts are \$15 each, small-XL

Please contact Officer Michael at smichael@florissantmo.com or call 314.830.6042



Parks & Recreation

James J. Eagan Community Center (JJE)

1 James J Eagan Dr., Florissant, MO 63033
314.921.4466

Parks and Recreation Office at JJE
314.839.7670

Monday – Friday 8am - 4:30pm

Rainout Line
314.266.7335

Hours of Operation

Monday – Friday	6am* – 8pm
Saturday	8am – 5pm
Sunday	10am – 5pm

*6-8:00am hours at the JJE Center are for those with a facility membership. Daily visits will not be sold during this time.

John F. Kennedy Community Center (JFK)

315 Howdershell Rd. Florissant MO 63031
314.921.4250

Parks and Recreation Office at JFK
314.921.4250

Monday – Friday 8am - 4:30pm

Hours of Operation

Monday – Friday	8am – 8pm
Saturday	8am – 5pm
Sunday	10am – 5pm

Children 12 years of age and younger must be accompanied by an adult (age 18 and older) at all times while in the City of Florissant facilities unless otherwise noted. Anyone 17 years of age and younger will not be allowed in the city facilities during normal school hours when area schools are in session.



JOHN F. KENNEDY BUILDING



JAMES J. EAGAN BUILDING

Daily Visits – JJE & JFK

	Resident	Nonresident
Youth 4-17	\$3	\$6
Adult 18-59	\$5	\$9
Senior 60+/Veterans	\$3	\$6

Annual Passes – JJE & JFK

	Resident 3mo/6mo/1yr	Nonresident 3mo/6mo/1yr
Youth 4-17	\$40/\$65/\$95	\$95/\$155/\$230
Adult 18-59	\$50/\$85/\$125	\$120/\$195/\$280
Senior 60+/Veterans	\$40/\$65/\$95	\$95/\$155/\$230
Senior Couple <i>Live in same house both 60+</i>	\$70/\$120/\$175	\$140/\$224/\$325
Family (up to 4)*	\$75/\$130/\$195	\$150/\$240/\$355

All children ages 0-3yrs may enter and use our facilities free of charge
***Each additional member \$30/\$50**

Family memberships include individuals living in the same household and listed on the Occupancy Permit if applicable. Additional eligible members may be added for \$30 per person for residents and \$50 per person for nonresidents. Individuals interested in purchasing a membership must provide proof of residency at time of purchase and occupancy permit will be checked.

Register Early for Programs

All programs must meet minimum enrollment in order to be offered. If there are not enough registrants, a course will be canceled. If there are not enough registrants, courses may be cancelled. Florissant Parks and Recreation reserves the right to cancel, postpone, combine classes or change instructors as needed. If a class is canceled due to lack of enrollment, registered participants will be notified of an alternate class or program if one is available, or offered a full refund or account credit for registration fee paid.

Registration Policy

Registration begins shortly after 8am on the date indicated and will continue on a space available basis. Current residents' cards must be presented at the time of registration in order to receive resident rates. Children under four years of age must have a parent's resident card. Phone registration begins at 9 am on the date indicated as the first day of registration.

Refund Policy

Registrants' cancelling before a class begins will receive a full refund minus \$5 processing charge. Participants canceling after a class begins will receive no more than a 50% refund. No refund will be given after the session is ½ complete or for classes that require less than a \$5 registration fee. No refund will be given on pool or facility memberships, summer day camp after the registration deadline or pavilion rentals. All refunds request must be made at least 24 hours before the start of any program or class. All refund request may take up to 14 business days to process.

Gymnasium Hours

Gymnasium hours vary. Please call 314.266.7335 and select extension 1 for JJE Center and extension 2 for JFK Center. You may also download the free app, Rainout Line, to see gymnasium hours. Hours are updated daily.

Gymnasium Capacity Policy

Once the gymnasium has hit capacity, we will use a one in, one out rule to keep the gymnasium at capacity. Those wishing to enter will need to sign a wait list and will be given access in the order they arrive as others leave. Fridays are reserved for residents. No nonresident passes will be issued on Fridays. Gymnasium capacities will still be enforced. Nonresidents may still use our other amenities on Friday.

Full Court Basketball

In order to maximize the space in our gymnasium and serve as many guests as possible, full court play will only be allowed during the final hour of the building in question on M/W/SU. Outside of these times, only half court games will be allowed.

Racquetball Court - JFK

Come enjoy our racquetball court at the JFK Center. Reservations can be made one week in advance by residents or day of for nonresidents. Individuals ages 13 and older may use the court, individuals 12 and under may use the court with adult supervision (adult 18+). Call 314.921.4250 for court availability or for reservations.

Use of the Racquetball Court is included in a Facility Membership or the Daily Facility Fees.

Parks & Recreation

Parks & Recreation Administrative Staff

Cheryl Thompson-Stimage 314.839.7670	Director of Parks & Recreation
Chris Cholley	Superintendent of Recreation
Kevin Green	Superintendent of Parks
Dave Klaus	Parks Foreman
Janice Steib	Center Director (JJE)
Vacant	Center Director (JFK)
Missy Wilkes	Recreation Specialist – Sports
Ryan Harrison	Recreation Manager – Aquatics
Sarah Skaggs	Rec Specialist – Programs/Marketing
Beth Goldstein	Administrative Assistant
Kati Gibilterra	Clerk Typist (JJE)
Monica Manganelli	Clerk Typist (JFK)

Parks & Recreation Mission

To achieve our goal of inspiring community, creating memories, and fostering relationships, we will provide affordable, quality recreation programs and facilities for all to enjoy. It is our desire to empower you to be the best version of yourself.

Insurance Statement

The Florissant Parks and Recreation Department does not provide insurance coverage for injuries suffered while participating in our programs or while using parks or facilities. Any cost related to such injuries should be presented to your personal hospitalization carrier.

Photos and Videos

Photographs taken during programs and activities sponsored by the Florissant Parks and Recreation Department are the property of the City of Florissant and may be reproduced without consent of the participants. If you do not want yourself or your child photographed/filmed, please notify the Parks and Recreation Administration Office in writing prior to the program starting.

Accommodation Policy

The Florissant Parks and Recreation Department welcomes people of all abilities to use any of our programs, facilities, or services. We will make every effort to incorporate your individual needs. If special accommodations are needed to participate in a program, please call our office at 314.839.7670 at least 48 hours in advance of the start of the program.

Payment and Returned Checks

Full payment is required at the time of registration, unless otherwise noted. A \$20 charge will be applied for all returned checks. If using Debit or Credit Card there will be a 2.5% fee with a minimum of \$1.50

- Walk-In:** Visit JJE Center or JFK Community Center to pay by cash, check, Visa, MasterCard, American Express, or Discover card.
- Phone:** Call 314.921.4466 or 314.921.4250 to pay by Visa, MasterCard, American Express, or Discover card.
- Online:** Visit www.florissantparks.com to pay by Visa, MasterCard, American Express, or Discover card. You will need to call to have your account enabled before registering online for the first time.

Resident Card Requirements

Everyone in the household, including all children receiving a card, MUST be listed on the occupancy permit. This will be checked by our staff when you come to get your card. Proof of residency includes an unpaid utility bill, bank statement, paycheck stub, monthly business statement (i.e. cell phone bill) mailed to the house. Proof of residency must have been mailed to the house, list your name and address, and be dated within the last 30 days.

15 yrs and Under

- Must be accompanied by a parent or legal guardian as proof of residency.

16-20 yrs

- May either be accompanied by a resident parent/legal guardian OR present a proof of residency item listed to the left in their own name

21+ yrs

- Utility bill showing service address that matches resident address. Electronic copies will be accepted. Must be dated within 30 days of current date.
- Paycheck stub (mailed or electronic stub), mailed bank statement. Must be dated within 30 days of current date.

Resident Card Fees

Youth (4-17yrs)	\$4
Adult (18-59yrs)	\$5
Seniors (60+)/Veterans	\$4
Replacement Card	\$5

Resident/nonresident cards are valid for two years from the date of purchase. If your card is lost during this time and you need a replacement, a \$5 fee for all ages will apply for each replacement card. Nonresidents wishing to purchase a daily facility pass must have a nonresident identification card which will be held at the reception or fitness desk and returned upon their departure from the facility. Nonresident card fees are the same as resident card fees. A photo ID or parent/guardian must be present (for minors under 18) in order to make a nonresident card.

All Residents and Non-Residents without memberships will be required to hold an active Resident/Non-Resident card to access JJE and JFK facilities. This includes the indoor pool, gymnasium, fitness centers, fitness, racquetball and pickleball.

All resident/nonresident cards are the property of the City of Florissant and must be shown or surrendered to city employees upon request. For safety and security of our staff and guests, cards will be kept at the desk during usage of the facility and returned upon their exit.

Florissant Business Owners

The owner of any business located within the city limits, along with immediate family members living in their household, shall be deemed a resident and therefore eligible to receive a resident card. This applies to the individual listed on the business license only. To obtain a resident card as a business owner in the city, you must visit the JJE Center or JFK Community Center with a photo ID. You will only be issued a card upon verification of your business ownership and current business license through the Finance Department. This verification can only be done Mon-Fri 8am-4:30pm. It may take up to two business days to verify.

Florissant Parks

Key

Bangert Park 275 S. New Florissant	
Behlmann Park 925 Loekes Dr	
Blackfoot Park 1001 Manresa	
Blanche's Spring Park 110 Aubuchon St	
Champlain-Florval 1570 Queens Dr	
Coldwater Commons 20 St. Denis St	
Davison Park St. Pierre & St. Catherine	
Duchesne Park 5 Brower Ln	
Dunegant Park 1930 Derhake Ln	
Florissant Golf Club 50 Country Club Ln	
Florissant Valley Park 900 Waterford Dr	
Koch Park 315 Howdershell Rd	
Little Woods Park 1100 Parker Rd	
Loretto Manor 1605 Patterson Rd	
Manion Park 15 Manion Park Dr	
Mullanphy Park 2497 Mullanphy Ln	
Spanish Land Grant 100 St. Ferdinand Park Dr	
St. Ferdinand Park 25 St. Ferdinand Park Dr	
Sunset Park 2300 Sunset Park Dr	
Tower Court Park 1065 Washington	

- Restrooms
- Pavilions
- Gazebos
- Playground
- Ball Fields
- Soccer Fields
- Tennis Court
- Sand Volleyball
- Handball Court
- Horseshoe Pits
- Disc Golf
- Golf Course
- Archery Range
- BBQ Pits
- Lake
- Trails
- Aquatic Center
- Splash Pad
- Pickleball Court
- Gaga Ball
- Dog Park
- Chess Board



Facility Rentals

JJE Center Rental Facilities

Room	Capacity	Time	Rate	Deposit	Extra Time
Gymnasium	499	9 hours	\$600	\$300	\$80/hour
Arts & Crafts Room A or B	75	6 hours	\$175	\$200	\$35/hour
Arts & Crafts Room A and B	150	6 hours	\$300	\$200	\$60/hour
Small Meeting Room	30	6 hours	\$85	\$150	\$15/hour

JFK Center Rental Facilities

Room	Capacity	Time	Rate	Deposit	Extra Time
Gymnasium	400	9 hours	\$600	\$300	\$80/hour
Arts & Crafts Room	80	6 hours	\$175	\$200	\$35/hour
Small Meeting Room	40	6 hours	\$85	\$150	\$15/hour

Deposit refunds are processed 7-14 days after the rental. **Time includes set-up, event and clean-up.**

Nature Lodge at Sunset Park

Room	Capacity	Time	Rate	Extra Time
Top Floor Only	56	5 hours	\$250	\$75/hour
Bottom Floor Only	56	5 hours	\$200	\$75/hour
Entire Building	112	6 hours	\$375	\$75/hour

The Nature Lodge will carry a \$200 refundable damage deposit due at the time of booking. Call 314.921.4250 for availability and information regarding the JFK Center or Nature Lodge rental facilities. **Time includes set-up, event and clean-up.**

**PLEASE NOTE:
All Fees are subject to change
without advance notice.**

Party Packages

Party Packages at JFK Youth Lounge

Package will include tables set up for 40 people in the Youth Lounge where guest can play games such as pool, classic arcade table, popular PS4 games, air hockey and more. Call 314.921.4250 for more information.

Time	Rate	Extra Time
6 hours	\$150	\$30/hour
\$150 deposit		



James J. Eagan Party Packages

For one low fee, we will provide a small party room and admission to a public swimming session or ice skating session. *Only for children 15 and under.*

Group Size	Rate
Pool 1-15	\$130
Rink 1-15	\$140
Rink 16-30	\$195

A refundable deposit of \$150 is required at the time of reservation

Pool Package Times

Fri	5-10pm
Sat/Sun	11-4pm

Ice Rink Package Times

Fri/Sat	5-10pm
Sat/Sun	11-4pm

Park Pavilion Reservation

Florissant residents may reserve a pavilion at our parks for our season beginning April 1st and ending October 31st. An updated resident card will be required. A resident may call or come to either community centers to make a reservation during office hours. Ball field use with a pavilion requires a separate permit. Any special request such as bounce houses and pony rides must be made in writing at the time the reservation is made. NO DJS ALLOWED. All pavilion fees are non-refundable. A minimum of one week notice is required on all pavilion rentals. For information on which parks have pavilions and their additional amenities, please see the chart on page 9. Call 314.839.7670 or 314.921.4250 for information on renting a pavilion. Pavilions will only be rented to Florissant residents with a valid resident card. View the pavilion availability calendar at www.florissantparks.com then click on the Pavilions tab at the top of the page.

St. Ferdinand #1 (Veach)

- Mon-Thur \$75/day
- Fri-Sun and Holidays \$85/day

All other pavilions

- Mon-Thur \$50/day
- Fri-Sun and Holidays \$70/day

Security deposit of \$200 on all pavilion rentals.

Facility Rental Information and Policies

- All rental applicants must be 21 years of age or older.
- A refundable damage deposit is required to make a reservation. Deposit must be paid in order to hold a room. This can now be paid over the phone. Please see above for specific deposit amounts that apply to each room. This is processed 7-14 days after the event.
- A 30 day notice is REQUIRED for all room rentals held after 5pm.
- Thirty day notice is REQUIRED for all gymnasium and Nature Lodge rentals.
- All rental fees must be paid 30 days before the rental date. Failure to pay the rental balance will result in room cancellation.
- Cancellations of meeting rooms MUST be submitted in writing 30 days prior to event and will result in a \$10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rentals fees along with \$10 cancellation fee
- Cancellations for Gymnasium and Nature Lodge MUST be submitted in writing 6 weeks prior to event will result in a \$10 cancellation fee. Cancellations less than 30 days prior result in forfeiture of rental fees along with a \$10 processing fee.
- Music is only allowed under certain conditions. Please ask a staff member for more information. No live bands.
- DJ's or amplified music will not be allowed at any of the park pavilions under any circumstances.
- Pavilion rental does not guarantee field use or include entry into any facilities such as Bangert Pool. A separate fee applies for these activities.
- Renter must check in and out with a staff member and remain on premises during rental. They are also responsible for guest conduct.
- At the Nature Lodge, nothing may be attached to the walls or ceiling in any way. Table decorations are welcome and must be removed at the conclusion of the rental.
- Birthday parties for ages 16-29 are prohibited. Parties for ages 13-15 will only be allowed if they are booked as a pool/ice rink party package.
- Any decorations that you will be bringing in that will be touching the floor will need to be requested and approved.
- Renter will be able to choose between pre-determined room set-ups.



Aquatics

Registration for all programs listed in this booklet is open now unless otherwise specified!

JJE Center Indoor Pool Open Swim

Regular Hours

Mon/Fri 6:15 – 7:45pm
 Sat & Sun 12:15 – 3:15pm
 Members are free

JJE Center Indoor Pool Lap Swim

Regular Hours

Mon/Wed/Fri 7:30 – 9:45am
 Mon & Fri 5 – 6pm
 Sat & Sun 10am – 12pm

Fee for lap swim:

Youth/Senior \$2 • Adult \$4 or use a valid Facility Membership (see prices on p7).

Indoor Pool is located inside the JJE Center.

Children 12 and under must be accompanied by an adult in the building at all times. All children eight years and younger must be accompanied by a paying adult who enters the water in proper swim attire. No jeans, cut offs, gym shorts, basketball shorts, t-shirts, or any other clothing not specifically designed for water will be allowed in the pool.

O.A.R.S.

Older Adult Recreational Swimming is for adults 18 years and older. The pool is sectioned into lap lanes with deep and shallow areas for swimming or exercising.

Mon-Fri Feb-May 12:15-1:15pm
 \$1.50R/\$2.50NR/\$1GAP

Aqua Zumba 16 & up

Aqua Zumba give new meaning to the idea of an invigorating workout. This class takes place in our indoor pool. Splashing, stretching, twisting, and even shouting, laughing, hooting, and hollering are often heard during an Aqua Zumba shallow water class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

M/W/F I: 2/20-4/7 10-11am \$73 • \$84 • \$54.75
 II: 4/10-5/26 10-11am \$73 • \$84 • \$54.75

Water Works 16 & up

Take the plunge and try this low-impact workout that builds muscle strength and boosts your endurance. Each class includes a warm-up, cardio and strength training exercises, and a cooldown. Expect exercises like water walking, bicep curls, leg curls, leg lift, and noodle moves. You won't be swimming, and these water workouts are done in the shallow end of the pool. The buoyancy of the water is easy on your joints which makes this class a good choice if you have joint problems, chronic pain, or are recovering from an injury.

M/W/F I: 2/20-4/7 11am-12pm \$73 • \$84 • \$54.75
 II: 4/10-5/26 11am-12pm \$73 • \$84 • \$54.75
 T/TH I: 2/21-4/6 10-11am \$49 • \$56 • \$36.75
 II: 4/11-5/25 10-11am \$49 • \$56 • \$36.75

Deep Water Aerobics 16 & up

As you submerge yourself into the deep end of a pool for a water fitness workout your body becomes nearly weightless, giving you a new kind of workout challenge. While deep water aerobics has low impact on your joints, it has high impact on your cardiovascular system, improving your overall health and fitness, and aiding weight loss and maintenance. Swimming ability is recommended as this class is held in the end of the pool.

M/W/F I: 2/20-4/7 10-11am \$37 • \$42 • \$27.75 (No Instructor)
 II: 4/10-5/26 10-11am \$37 • \$42 • \$27.75 (No Instructor)
 T/TH I: 2/21-4/6 10-11am \$24 • \$28 • \$18 (No Instructor)
 II: 4/11-5/25 10-11am \$24 • \$28 • \$18 (No Instructor)
 T/TH I: 2/21-4/6 5:30-6:30pm \$49 • \$56 • \$36.75 (Instructor)
 II: 4/11-5/25 5:30-6:30pm \$49 • \$56 • \$36.75 (Instructor)

Water Aerobics 16 & up

Are you looking for a low impact shallow water workout? Our certified instructor uses their own creative style of teaching different movements. Programming can be modified to meet specific needs and goals. That means it's a great activity for people of different ages and athletic abilities. Not a strong swimmer? Don't worry, you'll be able to stand the whole time-the water is typically no more than chest high. So, grab your bathing cap, dip in a toe, and get ready to make a splash with this fun workout.

T/TH I: 2/21-4/6 8-9am \$49 • \$56 • \$36.75
 II: 4/11-5/25 8-9am \$49 • \$56 • \$36.75
 T/TH I: 2/21-4/6 9-10am \$49 • \$56 • \$36.75
 II: 4/11-5/25 9-10am \$49 • \$56 • \$36.75
 T/TH I: 2/21 – 4/6 5:30-6:30pm \$49 • \$56 • \$36.75
 II: 4/11-5/25 5:30-6:30pm \$49 • \$56 • \$36.75
 Sat I: 2/25 – 4/8 9-10am \$24 • \$28 • \$18
 II: 4/15-5/27 9-10am \$24 • \$28 • \$18

Preschool Swim Lessons 3-5 yrs

Children in these classes will explore some basic movement and working towards being comfortable in the water so that further skills can be developed in the future. This class is a fun and engaging where children gain the confidence they need around water. Classes will focus on more basic skills with a lot of support and assistance and will work towards slightly more advanced concepts and begin to lessen support to work towards independence. Class meets for 30 minutes.

JJE Pool

Wed I: 2/22-4/5 5:30-6pm • 6:15-6:45pm
 II: 4/12-5/24 5:30-6pm • 6:15-6:45pm

Price per session

Residents \$36 • Non-Residents \$42

Youth Swim Lessons 5-12 yrs

Want your child to learn how to swim? Children in this program will learn swimming skills based on their current abilities. They will be placed into groups with others at the same skill level, and taught the skills needed to progress from there. Class meets for 45 minutes.

JJE Pool

Wed I: 2/22-4/5 5:30-6:10pm • 6:15-6:55pm
 II: 4/12-5/24 5:30-6:10pm • 6:15-6:55pm

Price per session

Residents \$36 • Non-Residents \$42

Florissant Fish Swim Team varies

Join the Florissant Fish Swim Team for the 2023 summer season! This is a recreational program that involves competitive meets with other North County municipalities. Practice and home meets are held at Bangert Pool. Swimmers can register in the following age groups: **8 years & under, 9-10 years, 11-12 years, 13-14 years, 15-18 years.**

Practices will be held in the morning at Bangert pool. Time varies by age group. More details on practice times, start date, and meet dates and locations will be communicated closer to the start of the swim season for those who register.

M/F Time Varies by age Group R\$60 • NR\$70
 Bangert Pool

*Additional children after the first registered child receives a 25% discount
 Registration begins for R and returning swimmers on 4/3, NR 4/10

Brand New Facilities



Health & Fitness

Fitness Center Rules & Policies

- Children 12 and under are not permitted in the fitness center.
- Children 13-15 must be accompanied by a parent or approved guardian.
- Proper exercise attire is required. A shirt is required at all times.

For Full Rules



2023 CLASS CALENDAR SCHEDULE

Session	Date Range	Registration Opens
Winter	Jan 1 – Feb 18	R: Dec 11 • NR: Dec 18
Spring 1	Feb 19 – April 8	R: Jan 23 • NR: Jan 30
Spring 2	April 9 – May 27	R: March 13 • NR: March 20

Strength & Cardio _____ 12yrs & older
Strength and Cardio is our early morning class that combines the mix of cardio (HIIT, kickbox, interval training, BOSU and step) and strength training which uses both body weight and dumbbells. Come on in and start your day off right!

JJE	I:	II:	Price
TU/TH	2/21-4/6	6:05-7:05am	\$56/\$63/\$42
	4/11-5/25	6:05-7:05am	\$56/\$63/\$42

Body Toning _____ 12yrs & older
This is an extensive workout routine targeting those problem body areas: stomach, hips, waist and thighs. You will do different workout routines with a mat that will be designed to tone and sculpt your way to the body of your dreams. Mats are provided.

JJE	I:	II:	Price
M/W	2/20-4/5	6:30-7:30pm	\$56/\$63/\$42
	4/10-5/24	6:30-7:30pm	\$56/\$63/\$42

Yoga _____ 12yrs & older
Yoga is a complete mind and body connection. It is an ancient art rooted in a harmonizing system of development for the body, mind, and spirit. Do not worry if you are a beginner as yoga is for everyone! Come and take that first step onto the mat!

JJE	I:	II:	Price
M/W	2/20-4/5	9-10am	\$56/\$63/\$42
	4/10-5/24	9-10am	\$56/\$63/\$42

Strong & Stable _____ 60+
This class is geared toward our active aging seniors who are looking for a mix of cardio, strength, and balance exercises to improve their health. This class will offer a low-impact workout that is easy on joints while offering an energy boosting format to leave you feeling strong and stable! Silver Sneakers and Renew Active members are free. Registration is required. Please check with your insurance provider to see if you qualify for this membership!

JJE	I:	II:	Price
TU/TH	2/21-4/6	9-9:45am	\$56/\$63/\$42
	4/11-5/25	9-9:45am	\$56/\$63/\$42

Free for SS & RA Members starting April 11

Zumba _____ 12yrs & older
Dance your way to a tighter and fitter you. In this popular class, you will increase your level of fitness by dancing to exciting and unique Latin moves and rhythms. Zumba is a fun way to boost your heart health, relieve stress, and even improve coordination!

JJE	I:	II:	Price
T/TH	2/21-3/30	5:25-6:25pm	\$48/\$54/\$36
	4/11-5/25	5:25-6:25pm	\$48/\$54/\$36

Indoor Cycling _____ 12yrs & older
Indoor Cycling offers a high-intensity cardio workout with low impact on joints. Join us for virtual and in-person cycling options!

JJE	I:	II:	Price
M/W	2/20-4/5	5:30-6:15pm	\$56/\$63/\$42 (Instructor)
	4/10-5/24	5:30-6:15pm	\$56/\$63/\$42 (Instructor)

MEET YOUR FITNESS GOALS WITH PERSONAL TRAINING!

Personal trainers provide each participant with personalized attention and support in order to help them achieve their fitness and wellness goals. They provide quality personal training and motivation through certified fitness trainers. All clients will be provided with a comprehensive fitness assessment to evaluate fitness levels and set realistic goals.

Session Length	Package	Member/Silver Sneakers/Renew Active	Resident	Non-Resident
1 Hour	Fitness Assessment	\$55	\$65	\$80
	Fit Start (1 Fitness Assessment + 2 Sessions)	\$115	\$125	\$150
	1 Session	\$45	\$50	\$60
	3 Sessions	\$120	\$135	\$160
Partner 1 Hour	6 Sessions	\$220	\$240	\$290
	Partner 3 Sessions	\$80	\$90	\$110
30 Minute	Partner 6 Sessions	\$160	\$180	\$215
	3 Sessions	\$60	\$70	\$80
	6 Sessions	\$110	\$120	\$145

SPRING JUDO PRICING

One class per week:	\$70/\$84
Two class per week:	\$120/\$130 (33% off second class)
Three class per week:	\$140/\$160 (50% off second and third class)

Adult Judo _____ 13yrs & older
Judo is a martial art from Japan. Judo teaches how to redirect an opponent's strength to defeat him/her. Judo is designed to be practiced by men, women, boys and girls of all ages. It is a great sport for families to practice together and a way to build physical and mental confidence.

JJE	I:	II:	Price
TU	2/21-4/4	6:15-7:45pm	See Chart Above
	4/11-5/23	6:15-7:45pm	See Chart Above
TH	2/23-4/6	6:15-7:45pm	See Chart Above
	4/13-5/25	6:15-7:45pm	See Chart Above

Judo for Kids _____ 5-12yrs
Through Judo practice young students will learn discipline, listening skills, and respect for self and others. This class features a popular scholar athlete program which encourages students to perform their best both in judo and in their school.

JJE	I:	II:	Price
W	2/22-4/5	6-7pm	See Chart Above
	4/12-5/24	6-7pm	See Chart Above

Kata Training _____ All Ages
Kata training is for students who have completed at least one session of either Adult Judo or Judo for Kids. Kata is a prearranged Judo technique performed by a team of two judo players. Teams may practice simply for recreation or train to compete in local, national, or international Judo tournaments.

JJE	I:	II:	Price
Mon	2/20-4/3	6:30-7:30pm	See Chart Above
	4/10-5/22	6:30-7:30pm	See Chart Above



Athletics

Athletic Game Field Rentals

All game fields including Koch Park Diamond 1, the James J. Eagan Soccer Field and various St. Ferdinand Diamonds are available to be reserved for a fee. Please email mwilkes@florissantmo.com for pricing and availability

- A \$100 security/clean up deposit is required to reserve athletic game fields
- Balance of the rental must be paid 2 weeks before the event
- Renters must be on premises during rental and are responsible for the conduct of their guests.
- No glass bottles are allowed in the park
- Renters are responsible for gathering trash and disposing of in a trash can
- Renter may be required to provide additional portable restrooms for more crowded events. These units will be placed in areas approved by the Parks and Recreation Department
- Renters may be required to rent pavilions(s) to maximize available parking

Spring Practice Permit Guidelines

Returning spring permit holders will have the opportunity to obtain the same field (day and time) for the 2023 season. (Exception is if your field will be taken out of rotation for games or maintenance) Returning spring permit holders can apply beginning February 7th. New applicants will be considered beginning February 21st.

All spring permits will be in effect from March 14-July 31. The fee for a spring practice permit is a one-time \$195 fee. The permit is good for one practice field two times a week (up to 4 hours). Practice times for fields with lights will be broken up into 5-7pm and 7-9pm slots. Applications can be found at www.florissantmo.com and all completed applications may be mailed, emailed, or dropped off at the following locations:

James. J Eagan Center	JFK Community Center
Attn: Missy Wilkes	Attn: Missy Wilkes
1 James J. Eagan Dr.	315 Howdershell Rd.
Florissant, MO 63033	Florissant, MO 63031

Private Lessons

Looking for ways to improve your skills on your favorite sport or wanting to learn a new sport. We are here to help you. Be on the lookout for private lessons for the following sports; basketball, pickleball and baseball. If interested in a private lesson please email mwilkes@florissantmo.com

For all adult leagues, 50% of league fees will be due at the time of registration. The remainder of the balance will be due before schedules are made.

COED Outdoor Sand Volleyball 18yrs & older

The volleyball leagues are governed by house rules. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive a 25% discount on a returning session. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Games may begin as early as 6:30pm but start times will vary.

All Games played at St. Ferdinand Park

Recreational Level Leagues

TU	4/18	\$215
TH	4/20	\$215
F	4/21	\$215

Intermediate Level Leagues

TU	4/18	\$215
TH	4/20	\$215
F	4/21	\$215

Sand Volleyball League Registration Starts: 2/13 for returning teams and 2/27 for New Teams

Spring/Summer Softball League 18yrs & older

The softball leagues are governed by USSSA rules and equipment regulations. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive 25% off their next league fees. The playoff champions will receive championship apparel. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. All leagues will be doubleheaders *Game may begin as early as 6:30pm Monday-Friday and 5pm on Sunday, but start times may vary.*

All Games played at St. Ferdinand Park

All Leagues are Doubleheader Leagues

Co-Ed Leagues

Mon & Fri	4/17 & 4/21	\$659
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Men's Leagues

Mon - B	4/17	\$659
Tues - B	4/18	\$659
Tues - C	4/18	\$659
Wed - A	4/19	\$659
Wed - B	4/19	\$659
Wed - C	4/19	\$659
Th	4/20	\$659
Th - Senior	4/20	\$659
Fri - Open	4/21	\$659
Sun - B	4/23	\$659
Sun - C	4/23	\$659

Registration is currently open for all teams.

Adult Kickball 18yrs & older

Relive your elementary school day's in this Adult Outdoor Kickball league at St. Ferdinand Park! This is an opportunity for adults to play in an organized and officiated league. Each team will play eight weeks along with a playoff tournament at the end of the season. The team with the best regular season record will receive 25% off their next league fees. The playoff champions will receive a championship trophy. Teams may bring alcohol (no glass). Registration deadline will be two weeks before the start of the league or when the league is filled, whichever comes first. Participants must register as a team, start times will vary.

All Games played at St. Ferdinand Park

Women's Leagues

Sun	4/23	\$300
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Co-Ed League

Th	4/27	\$300
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Pickleball Workshop 18yrs & older

Want to play pickleball? Join the City of Florissant as we partner with Pickleball Lovers to bring you a 6-week workshop at St Ferdinand Park. New players, and players looking to sharpen their skills are welcome.

Beginner

Mon	4/23	6-7:15pm	R\$55/NR\$67
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Intermediate

Mon	4/23	7:30-8:45pm	R\$55/NR\$67
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Pickleball League

Pickleball is a fun, social sport that combines many elements of tennis, badminton and ping pong. Come join us for our doubles only leagues. League will be 6 weeks long and playoffs, no referee. Each league will have 2 divisions; A with the ratings of (3.0-3.5) and B with the ratings of (2.0-2.5). Evening leagues will begin at 6:30pm. Player are required to use Franklin Outdoor Balls which are sold at the JJE Center front desk.

Men's Doubles

Tue	5/9	6:30pm	\$80
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Mixed Doubles

Wed	5/10	6:30pm	\$80
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Koch Park Splash Pad

Opens Mid-April

Hours:

Mon 8am-8pm

Tues 11am-8pm

Wed-Sun 8am-8pm



Full Rules

Please check the website www.florissantmo.com for splash pad guidelines.

**HIGH SCHOOL
DODGE
BALL
TOURNAMENT**

**FRIDAY, FEBRUARY 17
JFK Community Center**

\$75 per team
6pm Tournament Starts • Championship Shirts
3 Game Guarantee • Round Robin/Single Elimination

**SPRING SPIKE FEST INDOOR COED
VOLLEYBALL
TOURNAMENT**

**MARCH 25
9AM START
JJE
\$100 PER TEAM
3 GAMES GUARANTEE**

Special Events

Underwater Egg Hunt

Friday, March 31st



- Egg Hunt Begins at 6:30 pm
- Stay after for open swim until 8 pm
- Pre-Registration required to hunt
- Residents - \$10 - Non-Residents- \$12
- Registration opens R 3/6 NR 3/13

Take egg hunting to the water in this "egg" -citing event! Price includes egg hunt and open swim. Open to children ages 6-14. Pre-registration required. Egg hunt will begin promptly at 6:30 pm.

GARAGE

SALE



April 29, 2023

9am-12pm
JJE Ice Rink
Free to attend

Haul down the clutter from your attics and treasures from your garage for the Florissant Garage Sale. All of the usual garage sale items can be found throughout the sale as well as some unusual items. There is sure to be a treasure with your name on it!

Each applicant will only receive one space. The selling of craft items will not be approved. Fill out an application and return it by April 14. Tables \$20R/\$45NR

- EASTER - HOPPENINGS

The Easter Bunny will be hopping in to Florissant! Children can enjoy a few fun activities and visit with the Easter Bunny before heading outside for an Easter Egg Hunt. The egg hunt will be split into the following age groups (2 & Under, 3-5, 6-8, and 9-12). Registration is required for this event.

April 8, 2023

Age Groups: 2 & Under, 3-5, 6-8, and 9-12

10am • JJE

R: \$2 • NR: \$5



PARTY ON THE ICE

5TH TO 8TH GRADE



JJE ICE RINK
SATURDAY, MARCH 4TH
6:30 - 9:30 PM

R: \$6 NR:\$8
REGISTRATION BEGINS
R: 2/4 NR: 2/11

TICKETS AVAILABLE AT BOTH CENTERS FOR MORE INFORMATION CALL 314-921-4466

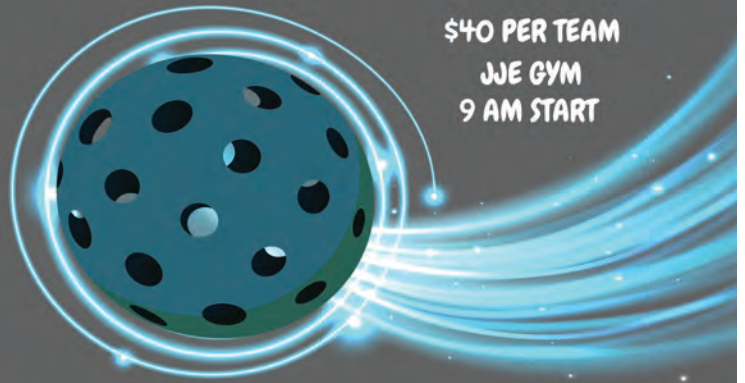
GLOW IN THE DARK PICKLEBALL

FEB 25 TOURNAMENT



REGISTRATION OPEN NOW!

\$40 PER TEAM
JJE GYM
9 AM START



EMAIL MISSY: MWILKES@FLORISSANTMO.COM



FLORISSANT

BASEBALL LEAGUE

5U T-Ball - Coed
 6U T-Ball - Coed
 7U Machine Pitch
 8U Machine Pitch

Spring T-Ball & Machine Pitch

\$135/Player \$1500/Team

www.youthbaseballnetwork.com

- GAMES BEGIN APRIL 29TH
- GAMES PLAYED ON SATURDAYS AND SUNDAYS
- UNIFORM PROVIDED (HAT AND JERSEY)
- PRACTICE FIELD/TIMES PROVIDED

REGISTER HERE





NOCO STEAM Workshop

Starting March 23rd
Thursdays
6 to 7:30 PM

Week 1:
Cellular Biology and DNA
Extraction

Week 2:
Intro to Periodic Table and
Elephant Toothpaste, Molecular
Biology and Chemistry

Week 3:
Organic Chemistry: States of
Matter Exploration

Week 4:
Technology, Engineering and
Circuit Building

Week 5:
Robotics and Coding

Week 6:
Explore Speed of Light and
Magnetic waves: Arts,
Mathematics and Engineering

6 WEEKS of
STEAM
ACTIVITIES

at JFK

\$ 130.00

FOR 3RD TO 8TH GRADERS

KIDS WILL BE INTRODUCED TO THE
WORLD OF:

SCIENCE
TECHNOLOGY
ENGINEERING
ART &
MATHEMATICS

FRIDAY NIGHT

NERF WARS

KIDS vs PARENTS

APRIL 21ST
at the JFK GYM

6 - 7:30PM

R: \$18 NR: \$21

KIDS ages 7 to 13

STAR WARS DAY

MAY 4
JFK

AGES: 7-13
6-7PM
R: \$12 • NR: \$15

Participants Receive Light Sabers
Come dressed as your favorite character
Games & Activities

ON YOUR MARK, GET SET, GO!

Power Wheels DERBY

SATURDAY MAY 13
Ice Rink Pavilion

CHECK IN: 1 PM FIRST RACE: 2 PM

TWO AGE CLASSES
1 - 4 & 5 - 7

R: \$12 NR: \$15

NO MODIFIED BATTERIES
HELMETS REQUIRED

SUMMER DAY CAMP

Our camp is themed, for 8 weeks and camp registration will be weekly. Pick and choose the weeks that you would like to attend or choose all 8 weeks and receive a discount. Camp will be held at JJE. This is primarily an outdoor program that may have some time scheduled indoors. Children must be six years old by July 31st and may not turn 13 until after July 31st. Registration is held at both Community Centers.

Applications will be available at the Community Centers and on our website beginning March 15th.

Fees: R: \$85 NR: \$110 per week

*receive a 10% discount if you sign up for all 8 weeks at one time R \$612 NR \$792

Registration: R: April 3 NR: May 15

Registration will close 10 days before the camp session begins.

**ALL 8 WEEKS OF
CAMP HELD AT JJE**

Before and After Care:

As an added convenience, we will offer Before and After Care for children attending Summer Day Camp. You may register for one or both. Very limited spots are available for each location, so sign up early. Prices are per weeks.

Before Care M-F 7:30 - 9:00A R: \$13 NR: \$16

After Care M-F 3:00 - 5:30P R: \$20 NR: \$25

Before and After Care R: \$26 NR: \$31



Dates: June 12 - 16
Deadline to register: June 2

Go..Team Go!
Join us for a week full of all thing's sports! Simple skills taught by some of North County's best of the best and some local high school students. Special Guest TBA.



Dates: June 19 - 23
Deadline to register: June 9

Games, Games , & More Games
Join us for ultimate game week! We have a huge variety of Giant Life Sized games to play. Campers will also create some of their very own games to take home and play. Field Trip TBA.



Dates: June 26 - 30
Deadline to register: June 16

"The earth without art is just eh"
Join us for a week of all arts & crafts. Learn a little more about painting drawing and pottery too. Special Event/Guest TBA.



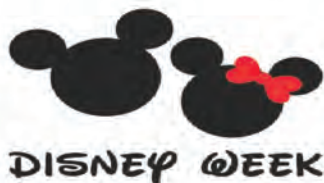
Dates: July 3 - 7 No Camp July 4
Deadline to register: June 23

Just Keep swimming!
Join us for a week of cool water games and swimming. Come to camp prepared to get wet and wild. Field Trip to a water park.



Dates: July 10 - 14
Deadline to register: June 30

Lions, and Tigers, and Bears, OH MY!!!! Join us for a week of exploring the adventures of the jungle with different activities, games, and crafts.



Dates: June 17 - 21
Deadline to register: July 7

When you wish upon a star!
Join us for a week filled with Disney magic! Disney inspired games, arts & crafts, some Disney trivia and a scavenger hunt that will leave your kids believing that dreams really do come true. Field Trip TBA.



Dates: July 24 - 28
Deadline to register: July 14

Join us for a week full of all things SCIENCE. Testing the knowledge of young minds and putting things to the test. Special Event TBA.



Dates: July 31 - August 4
Deadline to register: July 21

Wham! Pow!
Do you love all things Superhero? Join us for a week of fighting crime and saving the SUMMER DAYCAMP from the evil heat! Games, arts & crafts, bounce house and Superhero relay race! Special Event/Guest TBA



Senior Activities

Florissant Senior Office

621 rue St. Francois, Florissant, MO 63031

The Florissant Senior Citizen Department offers programs, events and services for senior citizens in this community. Please call the Senior Center at 314.839.7605 if you have questions regarding the events and programs listed on these pages.



*Happy
St. Patrick's Day*

If you're lucky enough to be Irish....
You're lucky enough!

Wear your GREEN and enjoy a traditional Corned Beef and Cabbage Lunch & then watch the Fabulous ST. LOUIS STRUTTERS
Try your Irish Luck for a Pot of Gold or a gift basket and top off your day with Bingo!

Date: Thursday, March 16, 2023
Time: 10:00am – 2:00pm
Place: James J. Eagan Center
Cost: \$16.00 residents; \$21.00 non-residents; Tickets include lunch, entertainment & Bingo
Tickets: Ticket sales begin in the Senior Center on Tuesday February 14 for all residents & non-residents.



2023 FREE SENIOR CITIZEN RESOURCE FAIR

Tuesday, April 11, 2023
9:00am - 11:00am

James J. Eagan Community Center

The City of Florissant has partnered with Memory Care Home Solutions, St. Catherine Retirement Community & Mercy Home Health & Hospice Services to provide the 2023 Senior Citizen Resource Fair

The goal of this fair is to provide information & resources to Senior Citizens who are "Aging in Place" in their homes and Senior Citizens who are considering Senior Living Options such as Retirement Communities, Assisted Living & Long Term Care Facilities.

FREE coffee & donuts
Attendance Prizes will be raffled
There will be give-a-ways at the booths

Best of all - over 60 booths of resource information will be available

Call the Florissant Senior Office, 314-839-7605, for more information



Meet & Greet!

The Senior Office is starting a new program called MEET & GREETS. We'll invite someone to share their story with us - a local historian or celebrity, a speaker on Senior Citizen Health & Wellness, speakers that focus on Senior Citizen Issues, and some speakers just for fun! Sit back & enjoy a donut & coffee while attending these free speaking events held at the Senior Center at 621 rue St. Francois. Give us a call, 314-839-7605, & make a reservation.

Listed below are the upcoming Meet & Greet



THE HISTORY OF HENDELS MARKET CAFE

Listen to Christina Bennett tell the story of how their Famous Florissant Cafe began
Tuesday, March 28; 10 - 11am, Reservations taken starting Tuesday, March 21



DEPAUL HOSPITAL: OSTEOPOROSIS

Learn how to maintain or improve your bone health with activity & nutrition.
Tuesday, April 25; 10 - 11am, Reservations taken starting Tuesday, April 18



MARY KAY GLADBACH

Listen to fascinating stories of Florissant from local historian and Florissant Valley Historical Society founding member, Mary Kay Gladbach
Tuesday, May 23; 10 - 11am, Reservations taken starting Tuesday, May 16



The City of Florissant Senior Office offers trips to sites in the St. Louis Area. Call the Senior Office, 314-839-7605, for information on these trips or ticket availability.

Miss Augusta Cruise: Welcome Aboard!

Come cruise the Missouri River on the most elegant luxury yacht in all of Missouri. Relax in the fully enclosed & air conditioned interior salons or bask in the warmth of the sun in the fresh-air outdoor seating. After cruising, we'll enjoy a delicious lunch at the best winery in Augusta: Balducci Vineyards.

Date: Thursday, April 13, 2023

Time: 9:45am - 5:00pm

Cost: \$80.00 residents; \$85.00 non-residents

Tickets: Tickets sales begin in the Senior Office on Monday, March 6 for residents only. If there are tickets remaining, tickets will be sold to residents & non-residents on Tuesday, March 7.

Debby Lennon at the Sheldon & Lombardo's

Begin your Sheldon experience with coffee & pastries in the beautiful Konneker Gallery at 9:00am. Then proceed to the Hall for a fantastic performance where Debby Lennon will pay tribute to her favorite women of the stage including Judy Garland, Lisa Minelli Barbara Streisand & more! Top off this day with authentic Italian cuisine at Lombardo's Restaurant - a St. Louis Tradition since 1934!

Date: Wednesday, May 10, 2023

Time: 8:00am - 2:30pm

Cost: \$61.00 residents; \$66.00 non-residents

Tickets: Ticket sales begin in the Senior Center on Wednesday, March 29 for residents only. If there are tickets remaining, tickets will be sold to residents & non-residents on Thursday, March 30.

Cardinal Baseball: Take me out to the ballgame!

Attend the game like a VIP - an air-conditioned suite, indoor & outdoor seating, full buffet, soda & beer. We'll see the St. Louis Cardinals & the San Francisco Giants.

Date: Wednesday, June 14, 2023 (Day Game)

Time: 10:00am - 4:00pm (unless there's extra innings)

Cost: \$150.00 residents; \$155.00 non-residents; includes transportation, tickets in Cardinal Suite, full buffet, soda & beer.

Tickets: Tickets sales begin in the Senior Center on Monday, April 17 for residents only. If there are tickets remaining, tickets will be sold to residents & non-residents on Tuesday, April 18.

CITY OF
FLORISSANT

SENIOR
OFFICE



Mayor Lowery's St. Louis Cardinal Bingo

FRED BIRD!

PRIZES!

FRIDAY, JUNE 16, 2023

JAMES J. EAGAN CENTER
10:00AM - 2:00PM

MAYOR LOWERY WILL CALL BINGO!

\$16.00 RESIDENTS

TICKETS GO ON
SALE MONDAY,
MAY 22 IN THE
SENIOR OFFICE

\$21.00 NON-RESIDENTS

THE CITY OF FLORISSANT
SENIOR OFFICE
presents

The Carnival!

Come one!
Come all! to the
Greatest Show in
Florissant

A ringleader, game booths, a cake walk,
fantastic entertainment, a carnival lunch
& of course - CLOWNS

*Enjoy all the Carnival Fun & an assigned seat
to relax when you want

Thursday
May 18, 2023

\$16.00 residents; \$21.00 non-residents

James J. Eagan Center

Tickets go on sale in the Senior Office
for residents & non-residents on
Monday, April 24.



HEALTH & WELLNESS PROGRAMS

A MATTER OF BALANCE

According to the CDC, falls are the leading cause of injury & injury death in adults 65 & older. Learn ways to decrease your risk of falling at this program sponsored by Mercy Hospital with the support of the US Administration of Aging & the National Council on Aging. A MATTER OF BALANCE will include home safety tips, identify risk factors, develop positive strategies for change & create a personal action plan.

DATE: This is an 8-week program held every Tuesday starting on March 21 through May 9, 2023

TIME: 1:00pm - 2:30pm

COST: FREE

PLACE: Florissant Senior Center, 621 St. Francois

REGISTRATION: Register with Mercy Hospital at

<https://www.onlineregistrationcenter.com/mob321> or call 314-251-1795

Classes are limited - so sign up early!

ASTHMA & ALLERGY PROGRAM

This program is sponsored by Oasis & will focus on ways to control your asthma, education in providing a healthy home environment, & hearing & sharing ideas from a supportive community.

DATES: This is an 8-week program held on the second & fourth Thursday of the month starting on March 9 through June 22, 2023

TIME: 10:00am - 11:30am

COST: FREE

PLACE: Florissant Senior Center, 621 St. Francois

REGISTRATION: Register with Oasis at 314-862-4859 ext. 24



FLORISSANT PERFORMING ARTS CENTER

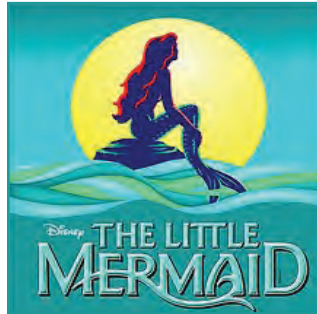


For more information on the show or to purchase tickets,
visit www.florissantmo.com/flopac
Call or Text the Box Office at 314.921.5678 or Scan the QR Code

**AN
INSPECTOR
CALLS**
BY J.B. PRIESTLEY

*Join us for a
feast of the unexpected!*

February 24 - March 5



Tickets will be sold through
The Dayspring at
<https://dayspringarts.ludus.com/index.php>

March 10 - 12



**Presented by:
The Hawthorne Players**

March 24 - April 2

www.hawthorneplayers.info

Because They Lived

Saturday April 22, 2023
4pm

*Florissant Performing Arts Center
1 James Egan Drive
Florissant MO 63033*

Tickets \$32.50 or \$30 for groups of 10 or more information www.florissantmo.com or 314-921-5678 or my facebook page
<https://www.facebook.com/wendylgordonsings>

**The
Addams
Family**

A NEW MUSICAL
COMEDY
May 19 - 28



**Northwinds
Concert Band**
**April 23
3pm**

**Ms. Missouri
Senior**
**April 30
2pm**



Florissant Golf Club

**Golf Course
Volunteers Wanted!**
Please contact
sfreihoff@florissantmo.com
or 314.741.7444
Check out our Website &
Facebook for all upcoming
events & information

Follow Florissant Golf Club for the latest updates!

Facebook @FlorissantGolfClub
Instagram @florissant_golf
www.florissantgolfclub.com

NOW HIRING FOR 2023 SEASON!

We are currently looking to fill the following positions: Cart attendant, Pro-Shop attendant, food and beverage attendant, and maintenance crew.

Join our mailing list through
www.florissantgolfclub.com for all
updates on events and tee times!

SENIOR SCRAMBLE



**THURSDAYS
08 AM
START TIME**

\$22 INCLUDES
18 HOLES OF GOLF • A CART AND A DRINK TICKET
SKINS GAMES • MULTIPLE FLIGHTS
CLOSEST TO THE PIN CONTEST

SPRING REC LEAGUE

• FLORISSANT GOLF COURSE •



— 9 HOLE —
2 PERSON
SCRAMBLE FORMAT

**EVERY TUESDAY
5:30 PM
SHOTGUN START**

— \$350 —
PER TEAM

8 CONSECUTIVE TUESDAYS BEGINNING APRIL 4TH.
GOLFERS OF ALL SKILL LEVELS WELCOME, MULTIPLE DIVISIONS FEATURED

Luck of the Irish 4 Person Scramble

March 11, 2023

**9am
Shotgun Start**

This will be held in conjunction with the
Florissant St. Patrick's Parade, Festival
and 5k Run

4 Person Scramble
2 cups on every green
flagsticks removed!

This event sells out quickly
every year – be sure to sign up early!





Florissant Spotlight
City Hall
955 S. Francois
Florissant, MO 63031
314.921.5700



PRESRT STD
U.S. POSTAGE
PAID
PERMIT NO. 65
FLORISSANT, MO

EGRWSS POSTAL CUSTOMER

DATED MATERIAL PLEASE DELIVER AS SOON AS POSSIBLE

WE ARE

HIRING

JOIN OUR TEAM

The City of Florissant has various job opportunities, including seasonal employment.

To view a list of job opportunities and apply online, please visit www.florissantmo.com

Questions, please contact the Human Resources Department at 314.595.3640

