

Florissant Senior Citizens 2023 Calendar of Events

Florissant Senior Center, 621 rue St. Francois
314-839-7605, www.florissantmo.com

REVISED 6/7/2023

*Meet & Greet is on WEDNESDAY (not Tuesday) June 28

*Trip on September 19 is changed from Fanduel to Ameristar Casino on September 7

Lunch Program: Bring a table of friends or make new friends at the Friday Lunch Program. Lunch is \$9.00 and is served every Friday. The Lunch Program is held in the A/B Room at the Eagan Center. Lunches are provided by local restaurants. For menu information, reservations or for more information, call 314-839-7605.

Clubs: The Senior Citizen Department offers Bingo Clubs, Pinochle, and a Line Dancing Club: Call the Senior Office, 839-7605, for club meeting dates or more information.

Senior Citizen Trips: The Senior Office offers day trips in and around the St. Louis Area. Check out the Senior Citizen Department on our Florissant Website for trip information or call the Senior Office, 839-7605, for more information.

JUNE

- 14 **TRIP:** St. Louis Cardinal Game at Busch Stadium
16 **Mayor Lowery's St. Louis Cardinal Bingo:** Eagan Center, 10:00am – 2:00pm, Mayor Lowery calling Bingo, special visit from Fred Bird! Lunch & Bingo prizes
20 Reservations begin for Meet & Greet (June 28); Beer Barons
28 ***Wednesday:** Meet & Greet: Senior Center; 10:00 – 11:00am; Beer Barons; coffee & donuts

JULY

- 4 **City Offices Closed: Independence Day**
18 Reservations begin for Meet & Greet (July 25); St. Louis Cardinal Day with Adele Meyer
25 Meet & Greet: Senior Center; 10:00 – 11:00am; St. Louis Cardinal Day: coffee & donuts

AUGUST

- 14 ***REVISED TRIP:** Ticket sales begin for Ameristar Casino (Sept 9)
15 Reservations begin for Meet & Greet (August 22); Betsy Ross portrayed by Barbara Kay
21 Reservations begin for Mayor Lowery's Town Hall Meeting (September 14); 839-7605
22 Meet & Greet: Senior Center, 10:00 – 11:00am, Betsy Ross portrayed by Barbara Kay: coffee & donuts

SEPTEMBER

- 4 **City Offices Closed: Labor Day**
7 ***TRIP:** Ameristar Casino (revised Fanduel Trip)
14 **Mayor Lowery's Town Hall Meeting: 9:00 – 11:00; Eagan Center:** *Have breakfast with Mayor Lowery!* The Mayor addresses the Senior Citizens of Florissant.
18 Ticket sales begin for Lunch at the Golf Course with Scott & Karl (October 10)
19 Reservations begin for Meet & Greet (Sept 26): Meet author Carolyn Mueller Kelly: *Forest Park: A Walk Through History*
26 Meet & Greet: Senior Center, 10:00 – 11:00am, Meet author Carolyn Mueller Kelly: *Forest Park: A Walk Through History; coffee & donuts*

OCTOBER

- 4 Ticket sales begin for the Halloween Party & Bingo (Oct 26)
- 10 **Lunch at the Florissant Golf Course with Scott & Karl**
- 26 **Halloween Party & Bingo:** Eagan Center, 10:00am – 2:00pm, lunch, costume contest, Bingo, and Motown Entertainment by Nostalgia – sit & tap your feet to old Motown songs or get up & dance along!

NOVEMBER

- 6 Ticket sales begin for Christmas Trip: Plaza Messina & St. Louis Strutters (December 6)
- 23 & 24 **City Offices Closed: Thanksgiving**
- 28 Ticket sales begin for the New Year's Eve Party (December 31)

DECEMBER

- 6 **TRIP: Christmas Trip to Plaza Messina:** St Louis Strutters Christmas Show and dinner at the beautiful Plaza Messina
- 25 & 26 **City Offices Closed: Christmas**
- 31st **NEW YEAR'S EVE PARTY! The Grandest Party of the Year!** 10:00am – 2:00pm; Eagan Center Gym; appetizers, fantastic lunch, 15-piece St. Charles Big Band, great attendance prizes, countdown to the New Year at 12:00 noon!

Health & Wellness Classes: Call the Senior Office, 314-839-7605, for more information.

A Matter of Balance: Free class offered by Mercy Hospital. Learn ways to decrease your risk of falling. *8-week program held every Monday beginning Sept 11 through October 30, at 9:00am in the Senior Center.*
Register with Mercy Hospital: <https://www.onlineregistrationcenter.com/MOB911>

SSM Behavioral Health: Free class offered by SSM: Hear from an expert about the best way to seek care in this community for anxiety, depression or addiction. *One-day program – Tuesday, October 17, 10:00am, Senior Center.* Call the Senior Office, 839-7605, for reservations beginning on Monday, October 9 for residents and October 10 for non-residents.

Asthma & Allergies: Free class offered by Oasis: Designed to help senior citizens better manage asthma & allergy symptoms. All participants get FREE air purifiers, blankets, asthma certified pillows & more. *7-week program starting September 21 through October 26 at 10:00am.*
Register by calling Oasis at 314-862-4859 ext 24.