



Christmas In Old Town Florissant Saturday, December 6th 2:00pm – 4:30pm Concludes with Christmas Tree Lighting at 5:00pm

Mark December 6th on your calendar. This is the day of the annual "Christmas in Old Town Florissant". The festivities begin at 2:00 P.M. in the Council Chambers at City Hall with seasonal music. The Tree Lighting at the end of the activities concludes the day.

Santa Claus will arrive at city hall at 2:15 and welcomes all children to visit him. (There is a charge to have your picture with Santa).

While waiting to tell all your wishes for Christmas to the Big Man, you can:

- Make a craft (sponsored by the St. Louis County Library)
- Decorate a cookie donated by Helfer's
- Have your face painted by the Valley of Flowers Queen and her maids
- Let Cookie the Clown make your very own balloon sculpture
- Listen to a Christmas story
- Listen to wonderful seasonal music
- And of course have cookies and cocoa.

There may even be a surprise!

Shops will be open along rue St. Francois. Be sure to visit: Brief Reflections, Stems Florist, Sandie's Interiors, Florissant Old Town Marketplace "Children's Boutique", Korte's Frames and Gifts, Dooley's Florist and Gifts, City Diner, Helfer's Deli, Old Town Donuts and Hendel's Market Café and others will also be open.

Be sure to be there when Mayo Schneider flips the switch to light up Florissant's Christmas Tree. **LET THE HOLIDAYS BEGIN!**



Photo by Dennis Schilligo

St. Ferdinand Shrine Christmas Concert Sunday December 14th 3:00pm – 5:00pm

The annual Christmas Concert at St. Ferdinand Shrine will be Sunday December 14th from 3:00 PM – 5:00 PM. This year there will be four groups providing Christmas Music. They are the combined choirs of Florissant Valley Baptist Church, St. Sabina Parish, and Florissant Presbyterian Church under the directions of Tammy Stevenson and the Choir of Sacred Heart Parish under the direction of John Meehan.

The afternoon will be filled with many traditional carols and excerpts from Handel's Messiah ending in the Hallelujah Chorus. The music fills the acoustically perfect Shrine with the joys of Christmas. The Shrine will be decorated in the style of a 19th Century Christmas and the beautifully restored Creche will be a focal point. Immediately following the Concert there will be a reception with light refreshments in the 1880 Schoolhouse. Come join us – the Concert is free – come early – seating is at a premium. Reservations not needed.

In addition to the Concert, there will also be time for you to walk through the Shrine. Tour guides will be on hand to answer your questions. The Tour will include visiting the 1819 Convent, the 1821 Church, the 1840 Rectory and the 1880 Schoolhouse. St. Ferdinand Church



was given the title Shrine when St. Rose Philippine was canonized a Saint in 1988.

St. Ferdinand Shrine is now available for Weddings, Baptisms and Funerals. Presently we are taking reservations for 2015 weddings. Please feel free to come and visit the Shrine to have an understanding of our facilities. To plan your wedding, call or email the office and schedule an appointment. The phone number is 314-837-2110 and email is oldstferdinandshrine@gmail.com. Office hours are from 9am-Noon Mon through Sat.

We also rent the Schoolhouse for various events i.e. parties of all types, meeting, retreats. Our Book Store is open on the second floor of the Schoolhouse on Saturday mornings from 9am-noon and Children's Art Classes are held in the Schoolhouse on Sat. from 9am-Noon plus our Gift Shop is open Mon. through Sat. during office hours.

Plan to make St. Ferdinand Shrine a must do on your list. It is most often referred to as the Gem of Florissant!

Florissant Veteran Of The Year

The St Louis County Veteran Coalition is pleased to announce the selection of Dr. Joe D. Quick as the 2014, Florissant Veteran of The Year.

Dr. Quick was chosen from several well-qualified candidates. His service to our country in the Army during the Korean War and his continuing service to his fellow veterans in an outstanding manner were factors in his selection as the 2014 Florissant Veteran of the Year.

As a teenager he enlisted in the Army in December 1948 and after basic training he served on occupation duty on Okinawa until June 1950. After a tour in Korea he served three years in the Army Reserve.

He was married to the late Joan Schenavar and had ten children, three boys and seven girls. At the present time has 26 grandchildren and 36 great-grandchildren. He has been an active member of VFW Florissant Valley Memorial Post 4105 since 1971 where he has served three terms as the Commander. In addition he is a charter member of the Korean War Veterans

The requirements for selection as Florissant Veteran of the Year are as follows:

1. Be an Honorably Discharged Veteran.
2. Be a resident of Florissant, Missouri.
3. Have continued service to veterans or service to the community.



Green Like Me

This holiday season the Environmental Quality Commission would like to remind residents that they can recycle unwanted items in their homes. With the added amounts of holiday trash, it would greatly relieve our single landfill if everyone took the time to separate the trash from recyclable items and put them in the proper containers. Other items not wanted can be disposed of at the following locations:

Large/Small Appliances:

- Charitable organizations like Goodwill, Salvation Army, Village of Blue Rose (Florissant)
- Nationwide Recycling - 314-867-5555
- MRC Recycling - 314-200-9017
- Ameren Electric - 1-877-341-2187 will take away pre-2001 fridges and freezers and rebate at \$50 each (three per year)

Batteries:

- Electro Battery Mfg. Co. - 314-739-6700
- RNA Worldwide - 314-338-4402
- Batteries Plus - 314-838-2277
 - Rechargeable batteries
 - Oversize batteries

Single Use Alkaline Batteries:

- safely disposed in regular trash



CFL Bulbs:

- Home Depot or Lowes

Electronics:

- Computer Trade - 855-329-2537
- Spectrum Recycle Solutions - 314-428-0777
- Ace Scrap Metal- 314-781-6860
- Can Man Recycling - 314-773-1777

Home Medical:

- St. Louis Health Equipment - 314-567-4700

Old Medications:

- Drop boxes at Florissant Police Department and North County Police Station.

Remember: "What is one's trash is another's treasure"!

Happy Holidays from the Environmental Quality Commission and don't forget to visit our "Cool Cities Businesses", listed below:

- **U-Haul**
1800 North Highway 67
Florissant, Mo 63033
(314) 837-2227
- **Click Heating and Cooling**
124 Saint Francois St.
Florissant, MO 63031
(314) 656-7698
- **Batteries Plus**
113 North Highway 67
Florissant, MO 63031
(314) 838-2277
- **Fashion Craft Carpet**
2306 US Highway 67
Florissant, MO 63033
(314) 838-6969
- **Brief Reflections**
111 Saint Francois St.
Florissant, MO 63031
(314) 972-1121
- **The Bedroom Store**
13225 New Halls Ferry Rd.
Florissant, MO 63033
(314) 831-8900

For more info contact:

- Karen Schmidt
kschmidt@florissantmo.com

City of Florissant Seasonal Employment

The City of Florissant is currently accepting applications for 2015 seasonal employment. The application process closes March 31, 2015 when the selection process begins.

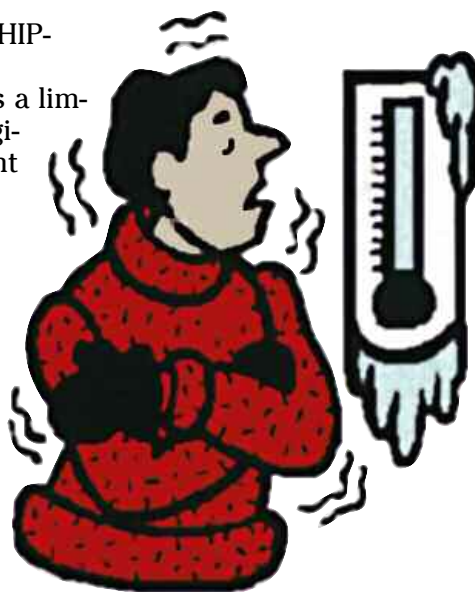
Applications and an informational booklet listing positions, age requirements and qualifications for each position are available at the Human Resources Department located in the Florissant Government Building, 1055 rue St. Francois, Florissant, MO 63031.

If you have any questions, please do not hesitate to contact the Human Resources Department at 839-7623.

Community Development and Housing Resource Center Home Improvement Program - Mechanical

If you are a homeowner and find yourself cold and without heat this winter, the Home Improvement Mechanical Program (HIP-Mechanical) could be your answer!

The HIP Mechanical Program offers a limited number of grants to income eligible home owners for the replacement of heating units. This EMERGENCY assistance is available November through January. Contact the Community Development Office for more information at 314-839-7680
City of Florissant
Community Development & Housing Resource Center
Government Building
1055 rue St. Francois
Florissant, MO 63031
Phone 314-839-7680
email: comara@florissant.com
www.florissantmo.com



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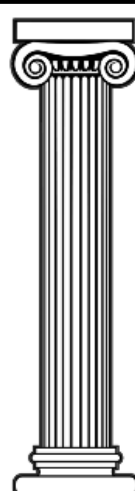
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314-838-4500

755 Rue St. Francois
Florissant, Missouri 63031



Council Members



Ward 1 - **Tim Lee**
314-837-8875
ward1@florissantmo.com



Ward 2 - **Tim Jones**
314-220-8227
Ward2@florissantmo.com



Ward 3 - **Joseph Eagan**
314-395-6838
ward3@florissantmo.com



Ward 4 - **Jeff Caputa**
314-239-1568
ward6@florissantmo.com



Ward 5 - **Keith Schildroth**
314-839-2927
ward5@florissantmo.com



Ward 6 - **Gerard Henke**
314-831-1180
Ward6@florissantmo.com



Ward 7 - **Jackie Bond Pagano**
314-837-1315
ward7@florissantmo.com



Ward 8 - **Mark Schmidt**
314-838-7410
ward8@florissantmo.com



Ward 9 - **Ben Hernandez**
314-825-4909
ben4ward9@yahoo.com



The Florissant Focus

The Official
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Greetings Friends,,

We hope that everyone had a wonderful Thanksgiving Holiday and had the chance to spend some quality time with your family and friends.

Our 17th Annual Fall Festival last October was again another success despite a heavy fog. (I am insisting it was not rain but just a very damp fog) A special thanks to all of the volunteers including Old Town Partners, the Missouri Arts Council, and the Regional Arts Commission, our Parks and Recreation and Theatre Departments, Public Works and Police for everything they did to make the Fall Festival another great success. Thousands of people spent their day on rue St. Francois enjoying an array of arts and crafts, booths, food and beverages with plenty of music and other entertainment.

We hosted another sell out youth Halloween Costume Party D.A.R.E. event for 5th through 8th grade students at the JFK Center on October 24th, a Senior Halloween bash on October 30th at the Eagan Center and then a real Halloween party for children of all ages at the Eagan Center on Halloween night Oct 31.

We opened up our covered Ice Rink on October 27 for our 42nd season of skating. There will be three resident appreciation free skate sessions this season on New Year's Eve December 31, Martin Luther King Day January 19, and Presidents Day February 16. These free sessions for residents will be from 2:00 to 4:00 PM. On Friday March 6 there will be a Party on the Ice D.A.R.E event for 5th thru 8th grade at the Ice Rink from 6:30-9:00 PM.

The holiday season has started and is in full swing. I wanted to let you know that the police department has once again started extra patrols in the shopping centers. We want everyone to feel safe as you complete your holiday shopping in our city. I encourage each and every one of you that if you suspect any suspicious criminal activity to please call the police department immediately.

The Veteran's Day Parade was held on Sunday, November the 9th with a Veterans gathering at the Eagan Center after the parade. Congratulations to this year's Veteran of the Year Joe Quick. His dedicated service to our nation in the US Army during the Korean War and his continued service to the community in the subsequent years was a contributing factor in his selection for the 2014 Florissant Veteran of the Year.

On Saturday, December the 6th Project Lift Off for 5th to 8th graders will be held at the James J. Eagan Center from 6:30 pm to 9:30 pm. Also on that same day Old Town Partners and the City of Florissant will be hosting "Christmas in Old Town" from 2:00 p.m. to 5:00 p.m. in the Florissant City Council Chambers. There will be light refreshments and snacks to enjoy. Santa Claus will be there and fun activities are planned like face painting, a clown making balloon animals, music, storytelling, and children's crafts. A children's boutique will feature inexpensive Christmas gifts for under \$3. Many retail shops and restaurants will be open in Old Town so you can enjoy dining, shopping and the holiday festivities. At 5:00 p.m. the Valley of Flowers Queen and Court and I will greet the gathering from the City Hall balcony and Queen Alex Phifer will switch on the Christmas lights!

Once again our Senior Office will be busy during this holiday season setting up wonderful Christmas trips for our seniors. If you are a senior and are interested in learning more about upcoming trips please call the Senior Coordinator Peggy Hogan at 314-839-7604. The Senior Dining Center is getting a face lift with some repairs and a new coat of paint. This historic building was the first City Hall and sits behind Buchholz Mortuary which occupies the building that was our second seat of government and the top cornice facing St. Francois still says "City Hall".

Don't forget about this year's Senior New Year's Eve party. This is one of the most popular events and it always sells out quick. This year theme is A Night to Remember. The party will be on Wednesday, December the 31st at the James J. Eagan Center from 10:00 am to 2:00 pm. Our notorious Countdown to 12:00 "Noon" was once lampooned in good hearted fashion on the "Tonight Show" by host Jay Leno. Music will be provided by Fanfare with Kitty Moller.

This holiday season our Florissant Civic Center Theatre will have some wonderful holiday shows for everyone to enjoy. On December 5th Florissant Barbershoppers present "A Little Bit of Christmas" that starts at 7:30 p.m. On December 7th St. Louis Brass Band presents "Holiday Spectacular" playing at 2:30 p.m.

On December 13th at 8:00 p.m. Florissant Fine Arts Council presents "The Standards in Jazz Christmas Concert". The Northwinds Concert Band presents "Hometown Holiday Special" on December 14th at

3:00 p.m. for more information and reservations call 314-921-5678 or go to www.florissantmo.com.

I would like to commend Finance Director Randy McDaniel, all of our Department heads for working together in preparing the FY2015 budget. I would also like to commend the City Council and the members of the Administration for working together to craft a prudent financial plan for the 2015 Florissant Budget. This budget contains a blueprint to continue to operate the city in a professional manner and with the same high level of programs and services that our residents expect. One of my goals with this budget, as with my past budgets, is to anticipate expenditures for the next fiscal year so as to reduce the need for supplemental appropriations. The economic situation continues to present challenges but has noticeably improved in 2014. Sales tax in the general fund, our single most important revenue source, is budgeted to increase \$400,000. Of the other major revenue sources, gasoline tax is up \$25,000 while the utility tax is up \$200,000.

Economic Development in the City is robust with investors making a commitment to build or renovate to locate stores and restaurants in Florissant. Both small and large companies have been looking to us for new business opportunities. Walmart is under construction and ahead of schedule without a TIF and is projecting a Spring 2015 opening. Culver's restaurant anticipates an opening in mid- December. CVS Pharmacy has probably already opened by the time this paper is mailed. Shelves were stocked and the final construction is almost complete as I write this. Sweetie Pie's restaurant will open on or before November 1st. Jimmy John's restaurant anticipates an opening in February 2015.

With the current economy slowly rebounding, progress in the City continues to grow. As Mayor I will insist that we will continue to do our part in bringing new businesses to the area to continue to achieve encouraging levels of retail and commercial investment in the City of Florissant which will help us in future budgets.

Also as the Mayor of the largest City in the County, I continue to encourage economic development from all areas in Florissant and the greater North County area in an effort to provide jobs for our current and future residents. In the wake of civil unrest in the Metropolitan area I have had face to face discussions with Governor



Nixon, Congressman Clay, newly elected County Executive Steve Stenger and I have talked to Senator McCaskill's office to advocate that all appropriate vacant land near Lambert Airport be designated tax favored enterprise zones to attract more large employers like Boeing, Emerson, Express Scripts and Covidien as well as medium and small manufacturing, fulfillment and warehousing employers. The job potential of vacant land near an underutilized new runway at Lambert must be harnessed to create a renewed prosperity that is needed to help solve the challenges our region is facing today.

In preparation for your holidays please reflect on the blessings of liberty that were obtained in large measure by a desperate but determined Continental Army that crossed the Delaware River with General Washington on Christmas Eve, 1776. Please say a prayer of thanks now for the sacrifice of our military around the world and our police and firefighters here at home. On behalf of Police Chief Lowery and the members of our award winning Police Department, all of our devoted Department heads and wonderful employees in all of our departments, the Administration, Judge Boyle and the Florissant City Council I would like to wish you and your family a wonderful and safe Holiday Season and a Happy New Year.

Sincerely,

Mayor Thomas P. Schneider

FCTV-HD-Florissant City Television

Welcome to the new FCTV-HD-Florissant City Television! High Definition Programs are now available on Charter channel 992, and ATT Uverse channel 99. Also go to our website www.florissantmo.com and access our schedule. There you can watch our HD programs via Live Streaming and On Demand, anytime and anywhere. Florissant City Television also has a YouTube Channel "FCTV-Florissant City Media" where you can watch our programs at your leisure as well.

If you love movies we are extremely happy to bring to you CLASSIC FILMS from the 1920's through the 1960's and beyond. These films include Mysteries, Comedies, Film Noir, Crime and Drama. Some, you may have heard of, many you have not. Either way

you will not be disappointed. We rotate films starting every Sunday night with a new film and replay it the following Friday, and the previous Fridays' film is played Saturday, this gives everyone a chance to see each film. Show times begin at 9:00 pm, but we often show double features so check the schedule ahead of time.

To see what quality services, each City Department is providing to the residents tune in and watch the Electronic Bulletin Board.

Accompanied by soothing background music, you'll watch and listen as the Bulletin Board informs the viewer what the City is doing for its residents and what educational, informational and quality entertainment it has to offer. The local time and temperature, as well as infor-

mation in case of emergencies, are important features you can count on. RSS feed information scrolls at the bottom of the screen. These feeds have updated local, national, and international news, along with the latest updates on the St. Louis Cardinals, Rams and Blues!

If you care about what's happening in Florissant and North County, tune to **FCTV-Florissant City Television and FCTV-Florissant City Media** on YouTube. We are THE local source for updated information, education and entertainment in, around and about your City.



Florissant Police and AAA Offer Winter Weather Driving Tips

With the winter months fast approaching we at the Florissant Police Department would like our citizens to take a few minutes to review their winter driving habits. As we all know hazardous driving conditions due to rain, sleet and snow can result in hazardous highway conditions. Here are some tips from the American Automobile Association, AAA.

Severe weather can be both frightening and dangerous for automobile travel. Motorists should know the safety rules for dealing with winter road emergencies. AAA reminds motorists to be cautious while driving in adverse weather. For more information on winter driving, the association offers the How to Go on Ice and Snow brochure, available through most AAA offices. Contact your local AAA representative for more information.

AAA recommends the following winter driving tips:

- Avoid driving while you're fatigued. Getting the proper amount of rest before taking on winter weather tasks reduces driving risks.
- Never warm up a vehicle in an enclosed area, such as a garage.
- Make certain your tires are properly inflated.
- Never mix radial tires with other tire types.
- Keep your gas tank at least half full to avoid gas line freeze-up.
- If possible, avoid using your parking brake in cold, rainy and snowy weather.
- Do not use cruise control when



driving on any slippery surface (wet, ice, sand).

- Always look and steer where you want to go.
- Use your seat belt every time you get into your vehicle.

Tips for long-distance winter trips:

- Watch weather reports prior to a long-distance drive or before driving in isolated areas. Delay trips when especially bad weather is expected. If you must leave, let others know your route, destination and estimated time of arrival.

- Always make sure your vehicle is in peak operating condition by having it inspected by an AAA Approved Auto Repair facility.

- Keep at least half a tank of gasoline in your vehicle at all times.

- Pack a cellular telephone with your local AAA's telephone number, plus blankets, gloves, hats, food, water and any needed medication in your vehicle.

- If you become snow-bound, stay with your vehicle. It provides temporary shelter and makes it easier for rescuers to locate you. Don't try to walk in a severe storm. It's easy to

lose sight of your vehicle in blowing snow and become lost.

- Don't over exert yourself if you try to push or dig your vehicle out of the snow.

- Tie a brightly colored cloth to the antenna or place a cloth at the top of a rolled up window to signal distress. At night, keep the dome light on if possible. It only uses a small amount of electricity and will make it easier for rescuers to find you.

- Make sure the exhaust pipe isn't clogged with snow, ice or mud. A blocked exhaust could cause deadly carbon monoxide gas to leak into the passenger compartment with the engine running.

- Use whatever is available to insulate your body from the cold. This could include floor mats, newspapers or paper maps.

- If possible run the engine and heater just long enough to remove the chill and to conserve gasoline.

Tips for driving in the snow:

- Accelerate and decelerate slowly. Applying the gas slowly to accelerate is the best method for regaining traction and avoiding skids. Don't try to get moving in a hurry. And take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.

- Drive slowly. Everything takes longer on snow-covered roads. Accelerating, stopping, and turning - nothing happens as quickly as on dry pavement. Give yourself time to maneuver by driving slowly.

- The normal dry pavement following distance of three to four seconds

should be increased to eight to ten seconds. This increased margin of safety will provide the longer distance needed if you have to stop.

- Know your brakes. Whether you have antilock brakes or not, the best way to stop is threshold breaking. Keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.

- Don't stop if you can avoid it. There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.

- Don't power up hills. Applying extra gas on snow-covered roads just starts your wheels spinning. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill as slowly as possible.

- Don't stop going up a hill. There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.

- Stay home. If you really don't have to go out, don't. Even if you can drive well in the snow, not everyone else can. Don't tempt fate: If you don't have somewhere you have to be, watch the snow from indoors.

Information provide in this article taken from the AAA website at; www.aaa.com

Police Department Uses Social Media to Inform Residents



The Florissant Police Department is on several social media and information sharing websites in an attempt to get information to residents quicker. While we recognize the dangers of social media, we also recognize the effectiveness of it when it is used properly. In addition to the police department's website, we utilize Facebook, Twitter, and Nixle, which are all free to the users.

The Florissant Police Department uses Facebook and Twitter to provide those who "Like" or "Follow" us with information on upcoming

events and announcements. The Nixle Community Information Service allows us to create and publish messages to be delivered to subscribed residents instantly via cell phone text message and/or email. Notifications can also be accessed online at Nixle's web site at www.nixle.com. The easiest way to get to our information sharing sites is to click on the links on the bottom of the Florissant Police Department's homepage at:

www.florissantmo.com/police.

The Florissant Police Department will continue to evaluate new ways to get information out to its residents as technology and avenues of communication progress.

Florissant Explorer Program Members Recognized



(L to R) Associate Advisor Officer Jenna Carlson, Advisor Officer Andy Haarmann, Explorers Mariah Taylor, Virginia Perry, Alexis Gonzalez, and DeAndre McGowan, Associate Advisor Officer Nick Osmer

Chief Timothy Lowery wishes to extend his heartfelt congratulations to Officer Andy Haarmann and Florissant Police Explorers Virginia Perry, Mariah Taylor, DeAndre McGowan, and Alexis Gonzalez after they each received awards recently at the 2014 Greater St. Louis Area Council Learning for Life Awards Dinner.

Officer Haarmann was presented with the William H. Spurgeon Award, which is the highest honor one can receive in Exploring. The recipients of this award make outstanding contributions to the benefit of young people. Officer Haarmann has been the Advisor to the Florissant Police Department's Explorer Program since 2007. As the Advisor, Officer Haarmann coordinates the training of the Explorers, recruits new members, and acts as the liaison between the Explorer Program and the Police Department. Officer Haarmann is also the Chairman of the St. Louis Area Law Enforcement Explorer Association, which is comprised of 20 Explorer Programs in the St. Louis Area. As the Chairman, he is in charge of training, quarterly meetings, requests for assistance, and communications between the programs active in the association.

Explorers Perry, Taylor, McGowan, and Gonzalez all received Career Achievement Awards. The Career Achievement Awards recognizes individuals for their contributions to the community thru community service, and for their proficiency in the law enforcement career cluster. Each of the above Explorers have volunteered countless hours of service to the community, and they have completed at least nine career achievements in the field of law enforcement to be eligible for the award.

The Florissant Police Department's Explorer Program is career development program for young adults, aged 14 to 21, who have an interest in law enforcement. In addition to learning about different aspects of law enforcement, the Explorers volunteer their time to the police department during special events. The Florissant Police Department has hired nine employees from the Florissant Explorer Program. For more information about the Explorer Program, please contact Officers Andy Haarmann, Jenna Carlson, or Nick Osmer at 314-831-7000, or visit our website at www.florissantmo.com/police.

Florissant Police Department to Offer C.E.R.T. Training

The Florissant Police Department will host another C.E.R.T. training course beginning Wednesday, February 4, 2015. C.E.R.T. is an acronym that stands for Community Emergency Response Team. Participants will meet one day a week for eight weeks. Class times will be from 6:30 P.M. until 9:30 P.M. The goal is for citizens to be trained in basic response skills. C.E.R.T. members are then integrated into the emergency capability for their area.

If a natural or man-made disastrous event overwhelms or delays the community's professional response, C.E.R.T. members can assist others by applying the basic response and organizational skills that they learned during training. These skills can help save and sustain lives fol-

lowing a disaster until help arrives. C.E.R.T. skills also apply to daily emergencies.

The Police Department is currently accepting reservations, as seating is limited to 24 participants, for this C.E.R.T. class. Applications will be accepted on a first come first served basis. Applications can be picked up at the Florissant Police Department or by visiting the police department's website and download the application at; www.florissantmo.com/police

For more information contact Officer Andy Haarmann at 314-830-6042 or at ahaarmann@florissantmo.com. Completed applications may be dropped off or mailed to: Florissant Police Department Public Information Unit 1700 North Highway 67 Florissant, MO 63033



Florissant Officer Recognized for His Work in the Mental Health Field

Chief Lowery would like to congratulate Officer Toney Perry, who was presented with the 2014 CIT Officer Commendation on September 29, 2014 at the St. Louis Area Crisis Intervention Team (CIT) Coordinating Council's Annual Awards Dinner.

Officer Perry came in contact with an individual who was homeless and had mental health issues. The individual had been moving from city to city before coming to the City of Florissant. Officer Perry contacted a Community Mental Health Liaison for assistance in getting the individual some help after the individual stated that she was open to treatment. While giving the Liaison time to outreach, Officer Perry continued to keep in contact with the individual for over four weeks. Eventually, Officer Perry detected that the individual was deteriorating, and with the Community Mental Health Liaison present, he spoke with her using the rapport that he had built. Officer Perry allowed the individual to speak openly about her past experiences, and eventually got her to agree to go the hospital for treatment, which she was resistant to before. After the individual was peacefully transported to the hospi-



Officer Toney Perry

Photo Courtesy of Robert Crail Photography

tal, Officer Perry was able to make contact with her family and case worker to ensure that the individual was properly cared for in the future.

While Florissant Police Officers do not normally see these types of cases in Florissant, Officer Perry used his training and experience to get the individual the care that she needed. Congratulations to Officer Perry for receiving the 2014 CIT Officer Commendation, and thank you for your excellent service!

Florissant Old Town Partners presents

“Deck the Door”

Get in the spirit of the season by decorating your front door and you could be a winner!

Fill out and return an application by December 13th. Your front door should be decorated and well lit by Saturday, Dec. 13th. The final judging will take place by December 18th, weather permitting.

Winners will receive a Gift Certificate from Handyman Hardware and a trophy will be awarded by Archway Trophy in the Business category.

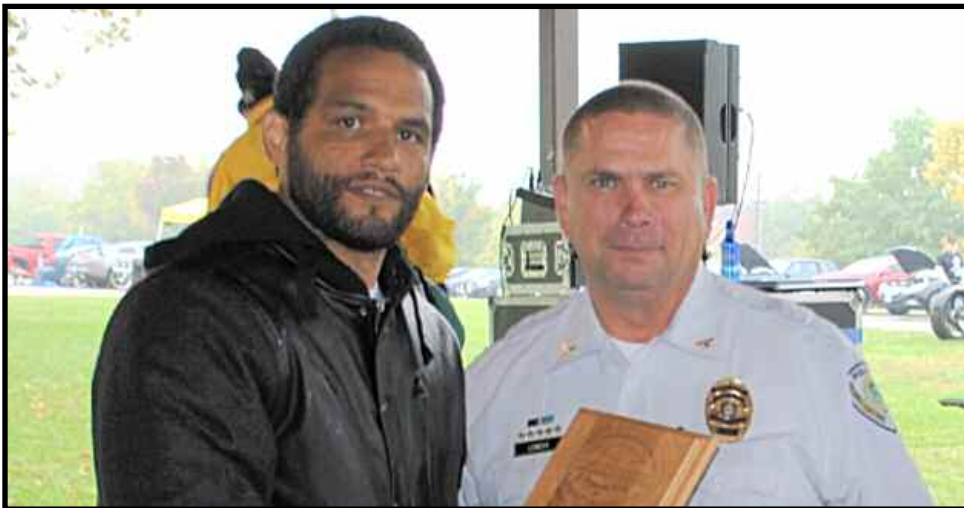
Due to time constraints, judging will be limited to the area bounded by Lindbergh Blvd., Florissant Road, Dunn Road and Graham/St. Ferdinand Road back to Lindbergh.

Applications are available at Handyman Hardware stores, Dooley's Florist & Gifts, Stems Florist and can also be downloaded from Florissant Old Town Partners website at www.FlorissantOldTown.com.

More information is available at www.FlorissantOldTown.com. For ideas and inspiration, photos of last years winners can be found [facebook.com/OldTownPartners](https://www.facebook.com/OldTownPartners) by selecting "Photos" and scrolling down to the photos of the Christmas doors.



Florissant Police Department Announces the Winners of the 3rd Annual Florissant Police Car Show



Police Chief's Choice Award winner Anthony Manzke with Chief Timothy Lowery

The Florissant Police Department held their 3rd Annual Car Show during the Florissant Fall Festival on Sunday, October 12, 2014. Proceeds from the Show will benefit the Florissant Police Department's Canine Program. Despite the rain, the event was a great success.

Chief Timothy Lowery would like to congratulate the following Car Show winners:

Best of Show (Stock)
Charles O'Hearn
1950 Chevrolet Pick-up

Best of Show (Modified)
Larry Womack
1932 Ford Coupe

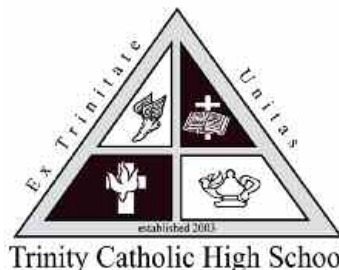
Mayor's Choice Award
Brian Brooks
1962 Chevrolet Impala

Police Chief's Choice Award
Anthony Manzke
1968 Chevrolet Chevelle

The Car Show started in 2012, and that year the proceeds benefited Florissant Police Officer Michael Vernon, who was paralyzed from the waist down after being shot in the line of duty. Since then, the Car Show has benefited a different police department program. Chief Lowery would also like to thank the many businesses and civic groups that made the Car Show a success.

Trinity Catholic Students Shine at Math Contest

At the annual Math Contest held at Forest Park Community College Saturday, November 1, Trinity Catholic High School was represented by 13 students. High scorers for the Titans were freshman Kyra Walsh (St. Angela Merici), sophomore Aqeel Glass, junior Vanilla Wang and senior Dan Jedding (St. Rose Philippine Duchesne). The Trinity Catholic team of juniors - Vanilla Wang, Nicole Jedding (St. Rose), Yen Quach (St. Norbert) and Jessica Eaton (St. Rose) - finished eighth as did the team of seniors - Dan Jedding, Alan Scheibel (St. Angela Merici) and Danielle Doherty (Blessed Teresa of Calcutta). Congratulations to all of the students who participated.



Trinity Catholic High School
1720 Redman Rd. • St. Louis, MO • 63138
314-741-1333, ext: 223
(Admissions) Dan Grumich – Director of Advancement
dgrumich@trinitycatholichigh.org
www.trinitycatholichigh.org

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1-800-718-6878



Box Office Hours: Mon. and Fri., 9 a.m. to 5 p.m.;
Tues., Wed., Thur., 9 a.m. to 6 p.m.

The Box Office will close each day from 12:30 to 1:30 p.m. for lunch.

To purchase tickets by phone, call (314) 921-5678, or by e-mail at FCCT@FlorissantMO.com, or online www.FlorissantMO.com, or by mail addressed to: FCC Theatre, #1 James J. Eagan Dr., Florissant, MO 63033. Call 314-921-5678 for additional information 24 hours a day. Visa, Mastercard and Discover are accepted. **Individual tickets go on sale 45 days prior to the opening of any production.**

DECEMBER

Florissant Barbershoppers Present:

A Little Bit of Christmas

Dec. 5 – 7:30 p.m.

Start the Holiday Season with the rich melodies of Christmas – both old and new – as the chorus presents an evening of outstanding music featuring the excitement of young voices as they display their talents along with the close harmonies of the barbershop style. Traditional carols are mixed with some more contemporary songs that look forward with anticipation to gifts, family gatherings and the celebration of the birth of the Christ child. A chorus or two from area high schools will perform along with the Men of Harmony for an enjoyable evening of vocal harmony. Come and enjoy the evening with us - you'll be glad that you did!

ADMISSION: \$6.00 to all

Information and reservations: 314-921-5678

St. Louis Brass Band Presents:

Holiday Spectacular

Dec. 7 – 2:30 p.m.



ADMISSION: \$7.00 Adults; \$5.00 Seniors/Students

Information and reservations: 314-921-5678

**Florissant Fine Arts Council Presents:*

The Standards in Jazz Christmas Concert

Dec. 13 – 8:00 p.m.

After a successful career as a promotion director for A&M Records, where he worked with big artists like Frank Sinatra, St. Louis area local Ross Gentile worked as a DJ for WIBV, KSHE and WZQZ. A force behind the growth and development of many professional jazz musicians Mr. Gentile was also a regular presence as an emcee at live jazz events in the St. Louis area including our very own Florissant Civic Center Theatre. He died in February 2013 at age 60. Southern Illinois University-Edwardsville played host to the first tribute concert honoring Mr. Gentile last September in the Meridian Ballroom at the Morris University Center. We are honored to be asked by his family to host a second fun and fast-moving Christmas version of that memorial concert when even more musicians and vocalists will be invited to perform in tribute to this "homegrown" national champion.

ADMISSION: \$28.00 Adults; \$26.00 Seniors/Students

Information and reservations: 314-921-5678 or www.FlorissantMO.com

Northwinds Concert Band Presents:

Hometown Holiday Special

Dec. 14 – 3:00 p.m.



Northwinds Concert Band's annual holiday concert is a cherished family tradition. Under the direction of Larry Marsh, this acclaimed community band will present a varied program of bright-spirited music, including traditional holiday favorites, with special guest soloists and a few surprises. Northwinds is a program of Ferguson-Florissant's Community Education Department.

ADMISSION: \$8.00 Adults; \$6.00 Seniors/Students; \$14.00 Immediate Family

Information and reservations: 314-921-5678 or www.FlorissantMO.com

** The Florissant Fine Arts Council presents the Applause/Applause 2014-2015 series with financial support from our members, the Regional Arts Commission, Missouri Arts Council (a state agency), Arts and Education Council, the Employees Community Fund of Boeing St. Louis and the City of Florissant.*

JANUARY

**Florissant Fine Arts Council Presents:*

Tied Up in Knotts

From California

Jan. 11 – 2:00 p.m.

Tied Up in Knotts is a must-see for kids of the '50s, '60s, and '70s who grew up laughing at Don Knotts as Barney Fife on the Andy Griffith Show. It's a father-daughter story about growing up in a celebrity 'Diva' world with the love of Mayberry. Karen Knotts tells stories about her legendary comedian dad, Don Knotts. There will be a Q & A session after her show.

ADMISSION: \$28.00 Adults; \$26.00 Seniors/Students; Group rates available

Information and reservations: 314-921-5678 or www.FlorissantMO.com



*** St. Louis Family Theatre Series Presents:*

Lilly's Purple Plastic Purse

From Omaha Theatre Company, Omaha, Nebraska

Jan. 16 – 7:30 p.m. Jan. 17 – 2:00 p.m. Jan. 18 – 2:00 p.m.

Omaha Theater Company

LILLY'S PURPLE PLASTIC PURSE



Lilly loves everything about school, especially her cool teacher, Mr. Slinger. When he confiscates her prized possession, a purple plastic purse that plays music, joy turns to misery. Lilly, who is used to being the brightest and loudest mouse around, will also have to get used to sharing the spotlight with her new baby brother in this charming adaptation of Kevin Henkes' award-winning children's book.

ADMISSION: \$7.00 to all. Group rates available

Information and reservations: 314-921-5678 or www.FlorissantMO.com

**Florissant Fine Arts Council Presents:*

The Baldknobbers Jamboree

From Branson

Jan. 25 – 2:00 p.m.



The Branson family entertainment phenomenon began over 55 years ago in 1959 when the four Mabe brothers, known as the Baldknobbers, began entertaining visitors on the Branson Lakefront. Today, the family legacy continues with the second and third generations of the Mabe family carrying on the family tradition of great country music and hilarious comedy. Joined by a cast of dynamic singers, musicians, comedians and entertainers, they perform your favorite country classics, hot new country hits and lots of side-splitting comedy.

ADMISSION: \$28.00 Adults; \$26.00 Seniors/Students; Group rates available

Information and reservations: 314-921-5678 or www.FlorissantMO.com

***The St. Louis Family Theatre Series gratefully acknowledges financial support from the City of Florissant, Junior League of St. Louis, Missouri Arts Council (a state agency) and the Regional Arts Commission.*

FEBRUARY

**St. Louis Family Theatre Series Presents:

Curious GeorgeFrom *TheatreworksUSA, New York, NY*

Feb. 6 - 7:30 p.m. Feb. 7 - 2:00 p.m. Feb. 8 - 2:00 p.m.

Join the inquisitive, lovable little monkey Curious George, star of books, movies and the award-winning PBS television show in this delightful new musical. All-You-Can-Eat Meatball Day came just once a year. George had been waiting all month for that day, a day almost bigger than his birthday! With every swing and flip, George takes the audience through a fun-filled adventure in which he learns more about Rome . . . and meatballs . . . and the "secret ingredient" to cooking than he'd ever imagined!



ADMISSION: \$7.00 to all. Group rates available.

Information and reservations: 314-921-5678 or www.FlorissantMO.com

*Florissant Fine Arts Council Presents:

Della's Diner

Feb. 22 - 2:00 p.m.

NOW SERVING: a delicious comedy romp with outrageous Southern characters and show-stopping Country, Blues and Rockabilly tunes.

Della is the sassy, big-hearted café owner who dispenses love, wisdom and moral advice to the parade of odd balls who come and go from her cozy diner on Morning Glory Mountain. Della's Diner is a hilarious musical comedy soap opera full of non-stop surprises, twists and turns. With original show tunes like Side of Fries, Satisfaction Guaranteed, Halfway to Heaven and All American Male, Della's Diner is a crowd-pleaser with nothing but fun and laughter on the menu.

ADMISSION: \$28.00 Adults; \$26.00 Seniors/Students

Information and reservations: 314-921-5678 or www.FlorissantMO.com

McCluer High School Presents:

Hairspray

Feb. 18 - 7:00 p.m. Feb. 19 - 7:00 p.m. Feb. 20 - 7:00 p.m.

Feb. 21 - 7:00 p.m.

Take a trip back to the 60s and enjoy the Tony Award winning tale of one lovable plus sized girl's determination to fight for equal rights while earning a spot to dance on the Corny Collins Show!

ADMISSION: \$ 7.00 in advance; \$10.00 at the door

Information and reservations: 314-921-5678 or www.florissantmo.com

Alpha Players Auditions:

King O' the Moon

Feb. 23 - 6:30 p.m.

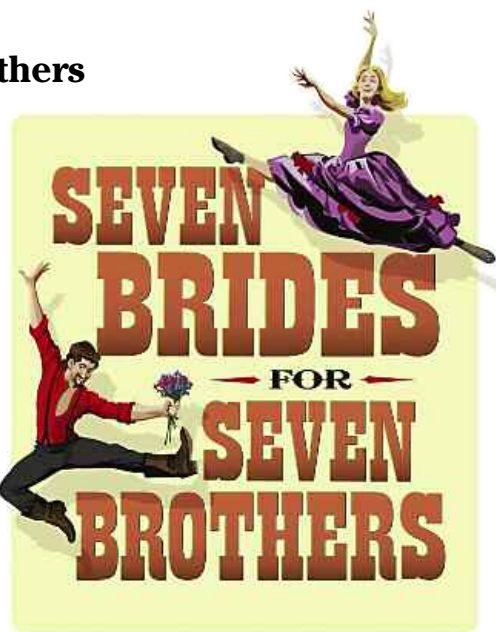
MARCH

*Florissant Fine Arts Council Presents:

Seven Brides for Seven Brothers

Mar. 1 - 2:00 p.m.

"Goin' courting" has never been as much fun as in this rip-roaring stage version of the popular MGM movie. Set in Oregon in 1850, Seven Brides for Seven Brothers tells the story of Millie, a young bride living in the 1850's Oregon wilderness. Her plan to civilize and marry off her six rowdy brothers-in-law to ensure the success of her own marriage backfires when the brothers, in their enthusiasm, kidnap six women from a neighboring town to be their brides. Bursting with the rambunctious energy of the original film, Seven Brides for Seven Brothers is all boisterous fun and romance that harkens back to the glory days of the movie musical.



ADMISSION: \$28.00 Adults;

\$26.00 Seniors/Students

Information and reservations: 314-921-5678 or www.FlorissantMO.com

** St. Louis Family Theatre Series Presents:

The Adventures of Harold and the Purple CrayonFrom *Enchantment Theatre Company, Philadelphia, PA*

Mar. 8 - 2:00 p.m. Mar. 13 - 7:30 p.m. Mar. 14 - 2:00 p.m.

"One evening, after thinking it over for some time, Harold decides to go for a walk in the moonlight." So begins Harold and the Purple Crayon, the first of seven delightful picture books by Crockett Johnson that follow the zany adventures of an inventive young boy. As it turns out, there isn't any moon that night nor is there a path to walk on, so Harold simply draws them. And thus his journey begins. Resourceful and brave, Harold creates the world he wants to explore, using nothing more than a big purple crayon and his sky's-the-limit imagination.

ADMISSION: \$7.00 to all. Group rates available

Information and reservations: 314-921-5678 or www.FlorissantMO.com

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Florissant, Mo 63031
314-839-9385



Share Your Bounty with Your Loved Ones

It's almost Thanksgiving, a holiday that once celebrated the harvest season. Although many of us today may not be directly connected to agriculture, we still gather on Thanksgiving with our loved ones to share whatever "bounty" we may have. But this practice doesn't have to begin and end with food. Why not incorporate the spirit of sharing into your overall financial strategy?

Here are a few suggestions for doing just that:

- **Make financial gifts.** You could give shares of stock to your loved ones, or perhaps give them money to help fund their IRAs. (They must have earned income, however, to be eligible to contribute to an IRA.) You can give up to \$14,000 per year, per recipient. If you are married, you and your spouse can each give up to the \$14,000 yearly limit.

- **Invest in your children's future.** To help your children meet the high costs of higher education, you might want to invest in a college savings vehicle. One option to consider is a 529 plan. When you contribute to a 529 plan, your earnings are subject to tax-free growth potential and distributions are free of federal taxes, provided they are used for qualified higher education expenses. (Keep in mind, though, that Section 529 plan distributions not used for these qualified expenses may be subject to income tax and a 10 percent penalty.) Furthermore, if you invest in your home state's 529 plan, you may receive state tax incentives. Tax issues for 529 plans can be complex, though, so you'll need to consult with your tax advisor about your situation. Another benefit of 529 plans: You control the

assets right up to the point at which they are actually used. So, if you have been putting away money for a particular child (or grandchild) and he or she decides against college, you can easily switch to another beneficiary.

- **Review your insurance policies.** If something were to happen to you, is your life insurance sufficient to take care of your family? In other words, would there be enough money available to pay off your mortgage, send your children to college and help your surviving spouse meet at least some of his or her retirement expenses? A financial professional can help you determine if your life insurance is sufficient for your needs.

- **Consider involving your family with your estate plans.** To help ensure your wishes get carried out the way you intended, consider keeping family members informed of your estate strategy, which could involve your will, living trust, power of attorney and other legal documents. And don't forget to keep your beneficiary designations up to date on your retirement accounts and your life insurance policy. So if you've gone through changes in your family situation, such as a divorce or remarriage, work with your professional team, including your financial advisor and your tax and legal advisors, to make ensure your investment strategy aligns with your estate goals.

Once the turkey is eaten and the football games have ended, Thanksgiving will draw to a close. But consider these strategies sharing your "bounty" with your loved ones all year long — and throughout your lifetime.

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Upcoming Parties for Seniors!



Ring in 2015 at The Senior Citizen Event of the Year The New Year's Eve Party 2014

On Wednesday, December 31st, 2014, the Eagan Center will be beautifully decorated, wonderful music will be playing, there will be noisemakers, hats & outstanding attendance prizes, chances for a Pot of Gold & gift baskets, beer & wine, and a delicious dinner of pork tenderloin with homemade cranberry chutney, au gratin potatoes, broccoli & cauliflower medley, Italian salad with creamy peppercorn dressing, rolls with butter and decadent cheesecake. Enjoy one of the best concert and dance groups around, FANFARE, featuring Kittie Moller. The event will start at 10:00am and continue until 2:00pm with the Countdown for the New Year and Champagne at 12:00 noon! Tickets are just \$15.00 each and are sold in the Senior Office in Florissant City Hall starting on Monday, November 10th and continuing until Monday December 29th.

Call the Senior Office, 839-7605, for more information.



Irish Eyes Will Be Smiling in Florissant at The St. Patrick's Party

The annual St. Patrick's Party will be Thursday, March 12, 2015 from 10:00am – 2:00pm. Wear your Irish Green, watch Irish Dancers and enjoy the Traditional Irish Corned Beef and Cabbage with all your Neighbors in Florissant! An Irish Pot of Gold, great attendance prizes & gift baskets, Bingo and Irish Blessings! Tickets are \$10.00 each and can be purchased in the Senior Office in Florissant City Hall from Monday February 2nd until Monday March 9th.

Call the Senior Office, 839-7605, for more information.

Join Us for these Senior Citizen Trips!

The Muny Kids at the Sheldon and Zia's on the Hill



We'll visit the beautiful Sheldon Concert Hall to see "Broadway Here I Come" performed by the talented Muny Kids & Teens. The Muny Kids will take you on a musical journey with your favorite Broadway Songs – Old & New! Then experience the True Taste of Italy with Lunch at Zia's on the Hill.

WHEN: Saturday, January 31st, 2015

TIME: 10:00am – 3:00pm

COST: \$33.00, includes performance, lunch and transportation

TICKETS: Tickets go on sale on Tuesday, January 6, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents with a current resident card. If there are tickets remaining, a second registration will be held on Tuesday, January 13, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents and non-residents. Non-resident cost is \$35.00.

Jefferson Barracks Tour, Civil War Museum & Café Telegraph at the Barracks



We'll first enjoy an outstanding lunch at the Military-Decorated Café Telegraph at the Barracks. We'll then tour the Historic Jefferson Barracks Grounds and visit the Jefferson Barracks Civil War Museum.

WHEN: Thursday, February 12, 2015

TIME: 10:45am -4:45pm

COST: \$10.00, includes transportation and tour (lunch at Café Telegraph is at your own expense).

TICKETS: This is a SILVER WORDS CLUB TRIP. Tickets go on sale FIRST at the Silver Words Club Meeting on Thursday, January 8th to Silver Words Club Members only. If there are tickets remaining, tickets will go on sale in the Senior Office in Florissant City Hall on Friday, January 9th 2015 to all Senior Citizens, residents and non-residents. Non-Resident Cost is \$12.00.

Call 839-7605 for ticket availability.

Shriner's Circus at the St. Charles Family Arena & Cracker Barrel



Let's support the Shriner's Hospital so they can continue to transform children's lives! World Famous Clown, Knucklehead, will give our Florissant Seniors a personal escort from the Florissant bus to our seats! Feel like a kid again! Watch trapeze artists fly through the air, magnificent Bengal & Siberian tigers, enormous elephants, and of course, hilarious clowns as they jump and tumble under the "Big Top!" After the circus, enjoy lunch and shopping at Cracker Barrel Old Country Store & Restaurant in St. Charles.

WHEN: Friday, March 20, 2015

TIME: 9:45am – 3:45pm

COST: \$15.00, includes transportation and circus (lunch at Cracker Barrel is at your own expense)

TICKETS: Tickets go on sale on Tuesday, February 3, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents with a current resident card. If there are tickets remaining, a second registration will be held on Tuesday, February 10, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents and non-residents. Non-resident cost is \$17.00.

Ballpark Village, Cardinal Hall of Fame & Budweiser Brew House



Tour the first-ever sports anchored entertainment district in St. Louis – Ballpark Village. Then celebrate the rich history of baseball in St. Louis at the St. Louis Cardinals Hall of Fame & Museum. Enjoy an unparalleled beer and dining experience at the three-level, 26,000-square-foot Budweiser Brew House!

WHEN: Thursday, April 9, 2015

TIME: 9:15am – 2:30pm

COST: \$16.00, includes transportation, tour of Ballpark Village & admission to Hall of Fame, Lunch at Budweiser Brew House is at your own expense

TICKETS: Tickets go on sale on Tuesday, March 3, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents with a current resident card. If there are tickets remaining, a second registration will be held on Tuesday, March 10, 2015 from 9:00 – 11:00am at the Florissant Senior Dining Center for residents and non-residents. Non-resident cost is \$18.00.

Senior Trips Continued...

Peabody Opera House "I Love Lucy" and Jilly's Cupcakes

Visit the Beautiful Historic Peabody Opera House to see the brand new hit stage show adapted from the most beloved program in television history. Watch America's favorite foursome - Lucy, Ricky, Fred & Ethel in the "I LOVE LUCY" Production! We'll then enjoy lunch & the "Best Cupcakes in Town" at the Award-Winning Jilly's Cupcake Bar & Café.



WHEN: Saturday, April 18, 2015

TIME: 11:00am - 4:30pm

COST: \$48.50, includes transportation, Peabody Show and Lunch at Jilly's

TICKETS: THIS IS A SILVER WORDS CLUB TRIP. Tickets go on sale **FIRST** at the Silver Words Club Meeting on Thursday, March 19th, 2015. If there are tickets remaining, tickets will go on sale in the Senior Office in Florissant City Hall to residents and non-residents on March 20th, 2015. Non-resident cost is \$50.50.

SENIORS EVENTS SCHEDULE

DECEMBER

- 4 - SILVER WORDS TRIP: Our Lady of the Snows
- 13 - TRIP: Ambassadors of Harmony & Norwood Hills Country Club
- 25 & 26 - City Offices Closed - Christmas Holidays
- 31 - NEW YEARS EVE PARTY, Eagan Center, 10-2, Dinner, FANFARE Band, Dancing, Outstanding Attendance Prizes & Pot of Gold!

JANUARY

- 1 - City Offices Closed - New Year's Day Holiday
- 6 - Ticket sales begin, Munny Kids at Sheldon and Zia's on Hill, Dining Ctr 9-11am
- 8 - Silver Words Club Mtg, JFK, 1:30pm, BINGO, Trip sign-ups: Jefferson Barracks Tour, JB Museum & Café Telegraph
- 19 - City Offices Closed - Martin Luther King Jr. Holiday
- 20 - Sign-ups begin for tax appointments. Call Senior Office, 839-7605
- 31 - TRIP: "The Munny Kids" at the Sheldon and Zia's on "The Hill"

FEBRUARY

- 2 - Ticket Sales begin in Senior Office for St. Patrick's Party & Bingo (March 12th)
- 3 - Ticket Sales begin for Shriner's Circus Trip (March 20), Dining Center 9-11am
- 12 - SILVER WORDS TRIP: Jefferson Barracks, JB Museum and Café Telegraph
- 13 - Valentine's Dance, Eagan Center, Friday, 7-10pm, St. Charles Community Band
- 16 - City Hall Offices Closed - President's Day

MARCH

- 3 - Ticket sales begin for Ballpark Village, Hall of Fame & Budweiser Brew House, Dining Center 9-11am
- 12 - St. Patrick's Party & Bingo, Eagan Center 10am - 2pm, Lunch Entertainment & Bingo!
- 19 - Silver Words Club Meeting, SUNSET PARK LODGE, 1:30, Speaker, Sign-ups for Peabody "I Love Lucy" Trip & Jilly's Cupcakes
- 20 - TRIP: Shriner's Circus & Cracker Barrel
- 23 - Reservations taken for Speaker Series on April 16, 839-7605
- 31 - Ticket sales begin for "Glenn Miller" at Lindenwood and Lunch at Concetta's, Dining Center 9-11am

Tax Preparation

If you are 60 years of age or older with an income of \$51,000.00 or less, and have basic Federal and State Income Tax Forms or Circuit Breaker Forms to fill out, the City of Florissant, in cooperation with AARP can help! AARP trained tax preparers will be filling out tax forms from February until April, 2015. The Senior Office, 839-7605, will begin taking appointments on Tuesday, January 20, 2015.



Did you know?? Even if you are not required to fill out federal or state income tax forms, and even if you own your own home OR rent, you may be eligible for a State of Missouri Credit called the Missouri Property Tax Credit or Circuit Breaker.

Please call the Senior Office at 839-7605 for more information.

Happy Valentine's Day!

Tap your toes, sit back & listen or dance the night away to the music of the 10-piece St. Charles Community Band on Friday Night, February 13, 2015, 7:00 to 10:00pm at the James J. Eagan Center. Tickets are \$8.00 each if purchased prior to the dance in the Senior Office in Florissant City Hall or \$10.00 at the door. Light snacks are provided and beer, wine & soda are available for purchase.



All are invited - Residents AND Non-Residents.

Call the Senior Office, 839-7605, for more information.

The St. Louis Zoo is Coming to Florissant!

One of the most exciting things at the St. Louis Zoo is when babies are born! The St. Louis Zoo will come to the Sunset Park Nature Lodge and show pictures and tell stories of their newest residents. We'll learn special baby names, as well as how animals care for their young. Some of the babies that have been born at the St. Louis Zoo will make an appearance!



WHEN: Thursday, April 16

TIME: 1:00pm

COST: This is a FREE event, but you must call 839-7605 to make a reservation starting Monday, March 23rd..

NOTE: There is limited seating for this event.

For more information about any of these events, call the Senior Office at 839-7605

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Race to the Shrine 5k Run/Walk

The inaugural Race to the Shrine 5k run/walk took place on October 25, 2014, stepping off at 4pm. Nearly 350 registered to take run/walk through the streets of Old Town ending up at St. Ferdinand Shrine on a glorious fall afternoon. Live music and food was available throughout the evening hours. The race was sponsored by the City of Florissant in cooperation with the Knights of Columbus, and the three parishes that comprise the Knight's Duchesne Council; St. Ferdinand, Sacred Heart and St. Rose.



It was a nice fall day and a great turnout for the inaugural "Race to the Shrine"

To Feed or Not to Feed

The City of Florissant is home to many different species of birds. Throughout the spring, summer, and fall seasons the birds in our area can count on an abundance of food, including the many feeders available in just about any backyard in town.

Although sources of food for birds may be harder to find in the winter, residents still do their part to provide our feathered friends with plenty to eat. However, a simple desire to feed the birds may set up a food chain that includes predators and scavengers such as squirrels, rats, raccoons, opossums or even larger birds of prey.

Bird feeders not only attract the birds in the area but will also attract some not so welcome guests. Our Health Department and Animal Control Officers deal

with these types of nuisance situations on a daily basis. In almost every case the root of the problem can be traced back to something as simple as a bird feeder, spilled bird seed lying on the ground or as in some cases, uneaten dog or cat food left outside and believe it or not, even dog waste.

So remember, keep your yard clean and look for other ways to take care of our birds and keep those unwanted guests where they belong!

For more information on bird feeding tips

contact the Florissant Health Department at 839-7655 or the Missouri Department of Conservation at Powder Valley (314) 301-1500 or visit their web site at www.mdc.mo.gov.




Curbside Recycling




Since the City of Florissant began using a single waste hauler we have seen a steady increase of recycled material collected. These are materials that are not needlessly dumped in a landfill which would take thousands of years to decompose.

It is important to remember that there is only one landfill remaining in the St. Louis area. Anything we can keep out of the landfill is an investment in our future.

Remember, curbside recycling is included in your monthly trash bill. If you need a recycling tote call the Florissant Health Department at 839-7654. These containers are 65 gallon totes and are only used for recycling, no trash or yard waste allowed. The totes are FREE OF CHARGE and available to Florissant residents only.



Florissant Elks Lodge
HOOP SHOOT
 For boy and girls ages 8 thru 13
 Saturday, December 13, 2014
 at the James J. Eagan Center
 Registration and Warm-Up from 9:00 to 10:00 am
 Gym shoes are required
 Trophies will be awarded
 For more info call Gene @ 921-3502



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SSM DePaul Health Center

Visit with Santa

Saturday December 13

10:00 - 11:30am

Sunset Park Nature Lodge

You may obtain tickets by showing your resident card and paying \$1 or donating 1 canned food item per ticket. Only Florissant Residents may purchase tickets. A limited number of tickets will be available. Tickets are available at the JFK or JJE Center beginning Monday, November 17th. Light refreshments will be provided. Bring your camera for a photo with Santa at the beautiful Sunset Park Nature Lodge



Winter Break Camp

Come join us over winter break for some fun games and activities. This camp will be similar to our Summer Playground program. You will be able to go swimming, ice skating, and much more!

Ages: 6-10

When: Monday - Friday

Time: 7:30am-5:30pm Daily

Location: JJE Center

Session: 12/22-1/2 NO CAMP 12/24, 12/25, 12/31, 1/1

Price: Res. \$60, Non-Res. \$120

Registration Ongoing Until Full. Spots Are Limited, So Sign Up Early!

Christmas Tree Disposal

Meridian Waste Services will offer Christmas Tree Disposal to Florissant residents. The program is free of charge during the holiday season to any Florissant resident regardless of their having a weekly yard waste service. Any Florissant resident wishing to take advantage of this FREE service must place their tree at their curb the day of the week that yard waste pick-up is normally provided in their neighborhood.

Trees must be free of all contaminants, such as garland, tinsel, lights and ornaments. This service will be provided through the end of January.

For more information contact Florissant City Hall at 314-921-5700 or Meridian Waste Service 314-291-3131

Snowman Building Contest

If you think you build the best snowman in your neighborhood, then we have a contest for you! From November 1 to February 15, anytime it snows, build a snowman. Take a picture of yourself and the snowman and send it to our office along with an application. Prizes will be awarded. The Youth Advisory Commission will be the judges.

Must be a Florissant Resident to enter.

Ages: 15 and younger

Dates: Nov. 1 thru Feb.15

Application: Pick up an application, or visit our website, email a digital photo to jsteib@florissantmo.com or send your picture with your child's name, address, phone number and age to:

Attn. Snowman Contest

JFK Community Center

315 Howdershell Rd

Florissant, MO 63031



Holiday House Decorating Contest

Applications are FREE to Florissant Residents and will be available beginning Monday, November 24th at the James J. Eagan Center, JFK Community Center and Florissant City Hall. Parks and Recreation Department prizes are awarded to the best decorated homes. Temporary yard signs acknowledging 1st, 2nd and 3rd place winners will be posted. The city will remove the signs within one week. Deadline to apply is Monday, December 15th at 5:00PM. Judging will begin at 6:00PM on Thursday December 18th.

Stroke Risk Higher for Women Than Men

Everyone should be aware of the warning signs of stroke. In the United States, stroke is the fourth leading cause of death among men and the third leading cause of death in women, according to the American Stroke Association.

"As a matter of fact, about 55,000 more women than men have a stroke each year and strokes kill twice as many women as breast cancer every year," said R. Charles Callison, M.D., an interventional vascular neurologist with SSM Neurosciences Institute at DePaul Health Center.

A stroke occurs when blood flow to the brain is disrupted due to a blocked or ruptured blood vessel. The brain is very oxygen-dependent, so even a few minutes without oxygen-rich blood can cause brain damage and bring on telltale stroke symptoms. Classic symptoms include sudden weakness; paralysis or numbness in the face, arms or legs; trouble speaking or understanding speech; vision disturbances; and sudden mental status changes, such as confusion or memory loss.

Some risk factors are the same for men and women:

- a family history of stroke
- high blood pressure
- high cholesterol
- smoking
- diabetes
- being overweight
- not exercising

Other risks are unique to women:

- taking birth control pills
- being pregnant; stroke risk increases during a normal pregnancy due to natural changes in the body such as increased blood pressure and stress on the heart
- using Hormone Replacement Therapy (HRT), a combined hormone therapy of progesterin and estrogen, to relieve menopausal symptoms
- having a thick waist and high triglyceride (blood fat) level; post-menopausal women with a waist size larger than 35.2 inches and a triglyceride level higher than 128 milligrams per liter may have a

five-fold increased risk for stroke

• being a migraine headache sufferer; migraines can increase a woman's stroke risk 3-6 times, and most Americans who suffer migraines are women. The key to treating and surviving stroke is quick medical intervention.

"If you notice anyone exhibiting the symptoms above, it is imperative to call 911 immediately," said Callison. "Do not attempt to drive the individual to the hospital because emergency medical personnel can begin life-saving treatment in the ambulance en route to the nearest emergency room."

DePaul Health Center is one of only two Joint Commission-certified Comprehensive Stroke Centers in the state of Missouri.

An acronym to help you remember this information is FAST – Act FAST for Stroke!

- Face – Facial droop, uneven smile
- Arm – Arm numbness, arm weakness
- Speech – Slurred speech, difficult to understand
- Time – Call 911 and get to the hospital immediately

Strokes caused by a blocked blood vessel can be treated with medicines that dissolve clots, but the medicine must be administered as soon as possible to maximize its effectiveness.

"Once at the hospital, a patient may have a procedure to further open the blood vessel by delivering clot-busting medication directly to the blockage or removing the clot via a catheter," said Callison.

Strokes due to sudden bleeding in the brain may require surgery to repair the ruptured blood vessel and ongoing treatment to reduce blood pressure and help prevent future problems.

Reducing stroke risk is largely a lifestyle issue. Regular physical activity, not smoking, maintaining a healthy weight, and managing blood pressure and cholesterol are among the most important things individuals can do to help prevent stroke.

"It's most important to see your primary care doctor for an annual exam to evaluate and manage for your stroke risk factors," said Callison.

Information provided by SSM DePaul Health Center

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Study Finds Dry Air in Homes Isn't Just Uncomfortable, It's Unhealthy

Comfort and health both suffer in the winter and dry air is a major cause. When cold air from outside is heated in the home the relative humidity (RH) drops significantly.

As the air dries out it becomes damaging to both a home and its residents. Dry indoor air causes a myriad of problems, including:

- **Increased likelihood of colds, flu and upper respiratory ailments.** Viruses that cause colds and flu thrive in low humidity, so dry indoor air can spread airborne viruses more easily than air that is properly humidified. According to The American Society of Otolaryngology, dry air can make people more susceptible to infection. Dry air also aggravates allergy and asthma symptoms.

• **Damage to home furnishings.** Dry air causes walls, woodwork and hardwood floors to crack, which can lead to costly repairs or replacement.

• **Higher energy costs.** Air that is not properly humidified causes people to feel colder at higher temperatures. This leads homeowners to turn up the thermostat, increasing energy bills.

Control Dry Air

Dry air is also responsible for a number of the comfort issues that people experience in the winter. Air in the house that is below 35 percent RH can cause nosebleeds, sore throats and dry, itchy skin.

To reduce damage to the home and improve health and comfort, homeowners must improve the RH of their indoor air. In fact, it can even increase the chance of getting sick. Research published on PLOS ONE, a scientific journal, found that aerosol transmission of influenza decreases when indoor relative humidity is kept above 40 percent.

The best way to control the humidity levels in your home is with a whole-home humidifier.

Set it and forget it...

A whole-home humidifier installed as part of a heating and cooling system is designed to deliver the perfect amount of moisture to a home without constant adjustments. Unlike portable humidifiers, whole-home humidifiers are uniquely efficient and effective. With a whole-home system there is no need to refill the unit with water. Furthermore, it will accurately measure the outdoor temperature and indoor humidity levels to automatically provide the ideal amount of indoor relative humidity.

Humidity is also dispersed throughout the house, instead of in just one room.

For more information on whole-home humidification and total control of your indoor air quality, call Goldkamp Heating & Cooling at (314) 839-3332.

Report Provided by Kevin Kelly, Comfort Specialist with Goldkamp Heating & Cooling



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Everyday people say "I would like to be a part of helping someone" and just don't know where to start...you can start here! Hospice is a special kind of care designed to provide sensitivity and support for people in the final phase of a terminal illness. Heartland Hospice's goal is to provide palliative and supportive services to meet physical, psychological, social and spiritual needs of patients and their families in a health care facility or other residential settings. Volunteers can provide one-on-one attention to residents who are lonely or cut off from their families, thereby reducing feelings of isolation and contributing to their sense of belonging. Veterans dedicated to visiting with other Veterans are also needed in our hospice care. The benefits are endless when one can make a "DIFFERENCE".

Volunteers are the heart of the Hospice Team.

We depend on our Hospice volunteers to help us provide the extra love and care our clients and their families need at this time in their life. Heartland volunteers offer support, companionship and practical, caring help to this special group of people. Staying with the patient so family members can take a break, reading scripture to patients, or holding their hand. The help and support our volunteers give is returned to them in countless ways. You can make a DIFFERENCE. All assignments are in close proximity to your home, work or school. You can donate as little or as much of your time as you desire. Please contact Virginia at 314-453-0990 if you would like to bring something special into someone's life. Be sure to inquire about our next Training Class.

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